**VII. Responding to fear**

- *Culture at large*

*Therapeutic*

*Victimization/stoicism*

*- The Gospel*

*- Be a part of the Gospel community!*

***Core Seminars—Fear of Man***

**Class 5: How Do We Fear Man?**

**We Fear They Will Harm Us**

## *“Do not be afraid of those who kill the body but cannot kill the soul. Rather, be afraid of the One who can destroy both soul and body in Hell.”* (Matthew 10:28)

## I. Introduction: Jesus commands us not to fear harm.

## Why do we?

**II. Fear of Physical Harm**

*- Physical abuse in the family*

*- Exploitation*

*- Physical suffering for the Gospel*

*- Terrorism*

*- Racism*

**III. Fear of non-physical harm**

*- Abusive speech*

*-Slander or derogatory speech*

*- Sexual harassment*

**IV. How this fear of physical harm shapes our lives**

*-**Sense of victimization*

*-**Our view of relationships*

*- Bitterness*

**V. What we need to know about the harmful person**

*-The harmful person’s problem is not you*

*-The harmful person needs the Gospel not our fear of them*

*-We are all more similar to the harmful person than Christ*

*-What if I am the one causing harm?*

**VI. Scriptural examples and response to fear of physical harm**

***Positive examples:***

*- Joshua (Joshua 1)*

*- Esther (Esther 5:1-8)*

*- Habakkuk (Habakkuk 3)*

*- Hebrews 11:35-38*

*-Christ*

***Negative examples:***

***-*** *Abraham (Genesis 12)*

*- Israelites approaching Canaan (Numbers 13)*

*- Peter*