Joshua 1:8; Psalm 1

Methods of Meditation:

*Choose an impactful verse/passage*

*Reread/rewrite the verse/passage*

Psalm 77:11-12

*Praise to the Lord, Who doth prosper thy work and defend thee*

*Surely His goodness and mercy here daily attend thee*

*Ponder anew what the Almighty can do*

*If with His love He befriend thee*

-Joachim Neander: “Praise to the Lord, the Almighty”

1 Samuel 2:2

**Meeting with God Core Seminar Schedule**

Week 1: Introduction: The What, Why and How of Meeting with God

Week 2: Meeting with God in His Word: Hearing and Reading

Week 3: Meeting with God in His Word: Studying, Meditating and Memorizing

Week 4: Meeting with God through Prayer

Week 5: Prayer: Hindrances and Practicalities

Week 6: Panel

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***Core Seminars—Meeting with God***

**Class 3: Meeting with God in His Word,**

**Part 2**

**Introduction/review: two assumptions for this course**

A quiet time is the part of the day that we set aside for the worship of God, for the reading of the Word of God and for fellowship with God so that we would know Him more, know ourselves in light of Him, and know the world according to His perspective.

**Bible Intake**

**Five Means of Bible Intake**

1. Hearing the Word
2. Reading
3. Studying
4. Memorizing
5. Meditating

**Key text for Bible intake: Psalms 1:1-3**

***Studying the Bible***

Motorboat vs. Glass-bottomed boat

Ezra 7:10

**What you need to study the Bible**

1. A heart of prayer and humility
   1. The Holy Spirit’s role: illuminating (John 14:26)
   2. A humble heart is amazed by God (Rom. 11:33-36)
2. A Bible – everything you need is in the text.

**Inductive Bible study: observe, interpret, apply**

1. **Observation – 6 Questions**

***Romans 12:1***

Who is speaking?

Who is he speaking to?

What is he saying?

Why is he telling them this?

How does he make his appeal?

1. **Interpretation**

Remember that context rules

Always seek the full counsel of God

Look for the single meaning of the passage

1. **Application**

James 1:22

***Memorizing the Word***

**Benefits of Memorizing**

Victory over ­­­sin – Psalm 119:11-13

Victory over Satan – Matthew 4:4

Preparation for witnessing and counseling – Proverbs 25:11

**Tips for Memorizing**

1. Pray
2. Set aside time
3. Repeat the text – *ten times read, ten times said*
4. Review
5. Have a plan
6. Memorize word for word

***Meditating on the Bible***

To engage in thought or contemplation; to reflect

Goal: not to *empty* our minds, but to *fill* them God’s truth