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**Recommended Reading**

*Age of Opportunity* by Paul David Tripp

*Parenting Today’s Adolescent* by Dennis and Barbara Rainey

**Course outline:**

Week 1 – God’s Purpose for the Family

Week 2 – The Ministry of the Family to the Church & the World

Week 3 – Family Worship

Week 4 – Getting to the Heart of Behavior

Week 5 – Formative Discipline: Our Words to Their Hearts

Week 6 – What to Do When You Can’t Reach the Heart

Week 7 – Corrective Discipline: The Rod of Correction

Week 8 – Boys & Fatherhood

Week 9 – Girls & Motherhood

**Week 10 – The Teen Years**

Week 11 – Panel Discussion

Week 12 -- Children, Technology & Social Media

Week 13 – The Gospel and the Overzealous Parent

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**Core Seminars – Christian Life**

## Parenthood

**Week 10**

**The Teen Years**

**I. Introduction – “The Big Picture”**

**II. A Season of Change**

* Physical Changes
* Intellectual Changes
* A Changing Relationship
* New Dangers / Traps

**III. What does the Bible say about teenagers?**

**Some things that tend to characterize youth:**

* No hunger for wisdom or correction
* A tendency toward legalism
* A tendency to be unwise in their choice of companions
* A susceptibility to sexual temptation
* An absence of eschatological perspective
* A lack of heart awareness

**IV. How to Pastor our Teens**

Keeping the main goals in view:

1. Focus on the spiritual struggle
2. Developing a heart of conviction and wisdom
3. Understanding and reacting redemptively with the culture
4. Developing a heart for God
5. Preparing our teens to leave

**Practical thoughts as we pursue the goals:**

* Empathize
* Be deliberate and intentional
* Constant conversation
* Ask good questions
* Don’t lecture