



When you can't go on.

ICEBREAKER:
Where do you like to
go to spend time
alone?

WEEK 5

1. Read Matthew 26:36-39. In Gethsemane, Jesus stumbled, fell, and was “overwhelmed with sorrow to the point of death.” How does it make you feel to know that it’s not unspiritual to be troubled, distressed, or overwhelmed? Had you ever thought of Jesus this way? Have you ever fallen on your face in prayer, like Jesus, and poured your heart out to God? What was that experience like?
2. Read 2 Corinthians 1:3-5. What does this passage say about God? What does it say about you?
3. Your pain can become a platform to serve others. How might your greatest tragedy become your greatest triumph? What tragedy, set back, pain, or discouragement do you need to surrender to God so that He can bring good from it?
4. “Your greatest contribution in life may result from your greatest pain or weakness surrendered.” What do you think of this statement?
5. Have you ever viewed your suffering as an opportunity for your greatest contribution? Who is someone you know who has embodied this truth?
6. In the sermon we learned that “No one else can share hope with the hurting people in your life like you can.” How does that make you feel? Who are the people you will prayerfully consider sharing your story with?