

# AT THE STADIUM – PART 5

## BIG IDEA

You can get God's best from relationships that matter to you, if selflessness is your heart motivation. Forget yourself into greatness!

## SCRIPTURE

Read aloud Philippians Chapter 2

## OPENER

If Pastor John had to give an abbreviated version of the sermon from last weekend's message, what two points or ideas would you tell him to include no matter what?

## QUESTIONS

1. Love is not based on feelings or emotion, but rather demonstrated through action. In John 3:16 we learn that God loved the world, so He gave His son as a sacrifice for us. Think of an important relationship in your life and explain how you demonstrate sacrificial love to that person.
2. Think of a relationship in your life. What does it look like when you exhibit selflessness? How does it look when you focus on yourself? What are your expectations for the other person?
3. Ben and John talked about selflessness as critical to be successful in relationship. Why is selflessness so effective (in relationships)? Why is it a challenge for us to daily "value others above ourselves"? (Philippians 2:3-4)
4. Think of a situation between you and an important person in your life...after a bad day at home, school or work. How did you act towards that person? Did you STOP, LOOK and CARE? Did the situation strengthen your relationship and make the day better or did the bad day keep getting worse?
5. In John's sermon, he talked about how the Word of God replenishes me, so I can refresh others. How do you experience this? What changes, if any, do you need to make in order to be "replenished" daily?
6. Do you pray regularly with people you care about (spouse, family, small group)? Discuss how praying with people you care about helps you and them.
7. What is the name of the one person you want to begin praying aloud with? What is the time of day you plan on doing this?

## TAKEAWAY

**FAMILY = Forget About Me I Love You**

There are three ways to live out FAMILY:

1. I need Christ's Strength to give continually
2. The word of God replenishes me, so I can refresh others
3. Commit to praying together

## REFERENCES

- Matthew 26:41
- Luke 22:25-26
- John 3:16
- Acts 20:24
- Ephesians 5:21, 24-26
- Philippians 2:3-4, 4:4-7, 4:12-13

## WORD WEALTH

**SELFLESSNESS:** Concern with the needs and wishes of others rather than one's own

**INTENTIONALITY:** Being deliberate or on purpose

**VULNERABILITY:** Uncertainty, risk and emotional exposure

**EMPATHY:** The ability to understand and share the feelings of another

**COURAGEOUS:** Not deterred by danger or pain; brave

**EMOTIONAL:** 1. Relating to the emotions: 2. Having or expressing strong feelings

**FULL PERSPECTIVE OF THE PERSONALITY OF GOD:** Both masculinity and femininity make up God's personality, both courage and emotions.

## DIGGING DEEPER

1. In John's interview, Ben talked about the Colt's "huddle" communication, STOP (selflessness), LOOK (pursue information), and CARE (empathy). In our culture today with everyone having a handheld device, TV, and computer how is it possible to implement STOP, LOOK and CARE? What kind of commitment will this require of you as a spouse, a parent, a friend, etc.?
2. Read Philippians 2. As you prayerfully consider this, what can we learn from Jesus as our example?