



RECOVERING FROM YOUR DEEPEST WOUNDS

WEEKLY ACTION STEP

Journal about one failure/hurt/wound that you need to let go of and allow Jesus to start repairing. How can you stay faithful to God even in your hurt?

TAKEAWAYS

- Only Jesus can heal our deepest wounds and restore us.
- When your own failure wounds you, keep following Jesus.
- When people you trusted wound you, keep following Jesus.
- Jesus knows the pain of broken trust, betrayal and being abandoned.
- The person who hurt you can't often heal you. God can always heal you.
- We're a church of imperfect people, for imperfect people. We take God seriously, but we don't take ourselves too seriously.
- When others wound you—stay faithful to the Father and fulfill your mission.

SCRIPTURE

Read Mark 14:41-43, Luke 23:46, John 21: 1-19, Hebrews 10:24-25

QUESTIONS

1. Share about a time someone hurt you. How did you respond? How did it impact your relationship with God? How is Jesus' response to hurt and failure different from how you responded?
2. Peter denied Jesus three times in one night. What is one area of your life that you have repeatedly let Jesus down, and how did you or do you turn back to Him?
3. Pastor John reminds us that Jesus understands that we stumble and fail. He accepts us and loves us despite our mistakes. Jesus forgave Peter despite his many failures as a friend and disciple. How have you stayed faithful and moved forward from past hurts left by someone in your life?
4. Churches are made up of imperfect people. As followers of Jesus, we all make mistakes and hurt other people. Share a time that you wish you would have acted differently to avoid hurting someone?
5. Do you view Jesus as your friend or as a far-off deity? What does it practically look like to be friends with Jesus?
6. What would you say to a fellow believer who has been hurt or let down by imperfect Christians or churches?
7. Pastor John shared from John 21 how Jesus restored Peter spiritually by asking him three times if Peter loved him. But before doing this, Jesus allowed Peter to dry himself by the fire, fed him breakfast and had time of personal fellowship with him. Why do you think Jesus did this and how might we apply this when restoring our personal relationships with friends, family, or other believers?

