

## GOOD NEWS FOR THE FATIGUED

### WEEKLY ACTION STEP

Find one encouraging scripture verse to memorize this week that helps keep you focused on the good news of Jesus. Share your verse with one person in your life that needs to hear the life-giving message of Jesus.

### TAKEAWAYS

Jesus doesn't give up on you when:

- You're not strong enough
- You've messed up
- Your emotions overwhelm you
- Other people give up on you

### SCRIPTURE

Mark 1:1, 9-15; Mark 14:50-52; Acts 15:36-40

### QUESTIONS

1. Within the book of Mark, Jesus reminds us to believe the good news of the gospel. Too often we focus on what's wrong with the world instead of the goodness and character of God. Can you think of a time when God's encouragement kept you from giving up?
2. We are reminded in Mark that Jesus faced pain, isolation, conflict and struggle but He never gave up. How does believing the good news of God change your attitude and your actions to not give up?
3. Pastor John said our darkest nights of hopelessness will give way to victory because Jesus rose from the dead. Where in your life are you looking for Jesus to bring you victory in the midst of darkness?
4. Paul was constantly speaking and sharing the good news of Jesus with others. In this weary and anxious world, how can you speak and share the good news of Jesus into the lives of people around you?
5. Read Acts 9:26-27 and Acts 15:36-40. What do these passages tell us about the character of Barnabas? How were Paul and John Mark influenced by the life of Barnabas? Is there someone in your life that is going through a difficult time that you feel led to encourage today?
6. John said when we are fatigued, we may need to repent, believe and follow, claim Jesus' resurrection life, be with God's people, and become a life-messenger while waiting for Jesus' return. Which of these steps do you need to take this week?