



JANUARY 8-9 WEEK 1:

Better You

Questions

1. What illustration, story or scripture had the greatest impact on you this week?
2. In Ephesians 2:10, we are reminded that God purposefully planned to make us new in Him. How does knowing God better help give you the power to make better choices?
3. Many people are under the assumption that their behavior needs to be perfect (or nearly perfect) in order to be accepted by God. But Scripture, in Ephesians 2:9, gently reminds us that "salvation is not a reward for the good things we have done, so none of us can boast about it." Has there been a time in your life when you tried to earn God's acceptance based on your actions?
4. Read 2 Corinthians 5:17. What's one way you have seen clear evidence in your life of being a new creation in Christ?
5. Which of these areas do you want to see God improve in your life this year? Vocation, spiritual, inner life, physical, finances, or relationships? What is one step you need to take to invite God into that area of your life?
6. Read Psalm 139 together. What do you learn about God from this passage? What do you learn about mankind from this passage? What do you need to apply to your life and obey from this passage?

Scripture References

Ephesians 2:8-10, 2 Corinthians 5:17, Psalm 139:1-5, Psalm 139:13, Jeremiah 1:5, Psalm 139:14a, Psalm 139:23-24

Takeaways

- God gives you new life for a purpose. How do we find the power to make better choices?
- In God, you are accepted. God sees all of you, likes all of you and loves all of you. God wants to help you.
- In God, you are intended. You are valuable, God says it. God proved it. Nobody can refute it.
- In God, you are gifted. One lifetime to discover your design or fight against it.
- In God, you are guided.



Weekly Action Step

This week, find one Scripture verse that describes your identity in Jesus. Read the verse each day to remind yourself of God's love and acceptance of you.