

Week 3:

How Identity Shapes Your Life



Questions

1. What illustration, story, or example stood out to you this week?
2. Where do you need to have God help reshape your identity and outlook (encouraged, loved, wanted, pursued, provided for, accepted, valuable, affirmed, etc.)?
3. Read Jeremiah 1:4-10. What do you learn about your identity from this passage of scripture? Does anything surprise you in this scripture passage?
4. Pastor John talked about presenting wounds vs. foundational wounds. What are some wounds from your past that you see spilling over into your life today? How have you seen foundational wounds be healed with God's grace in your life or the lives of others?
5. Read 2 Corinthians 5:17. Where is God at work in you, creating a new life with Jesus? If you don't regularly see God at work, what's stopping that process of transformation?
6. What one practical step do you plan to implement from this week's message?

Scripture References

Jeremiah 1:4-10, 2 Corinthians 5:17

Takeaways

- Some parts of your outlook can only change when your identity changes – to be who God says you are.
- Invite God to heal and reclaim the most foundational pieces of your identity and self-view.
- If you don't invite God to fully shape your identity and outlook, then your broken patterns will continue to limit you.
- If you don't invite God to fully shape your identity and outlook, then your broken patterns will continue to hurt and limit the people you love the most.
- How can we give our kids and loved ones the healthiest identity building blocks for their identity, outlook and life?
 - Encourage virtue
 - Celebrate strengths
 - Don't fixate on weaknesses
 - Avoid perfectionism
 - Show grace as God has shown grace to you
- The most loving thing you can do for the people you care about – direct them to find their identity in God.

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- Bring your kids to church every weekend, unless out of town or sick. We have so many tools to help them form healthy identity in God.