

Week 4:

Foundational Healing for Your Life



Questions

1. What illustration, story, or example stood out to you this week?
2. Read Luke 15:21-22. What does the reaction of the father tell you about how he feels about his son? How do you think that relates to how God feels about us? Where do you need to turn to God, as your father, to ask for forgiveness and redemption?
3. Tell your group about when you returned to the Father and accepted His grace. What prompted you to come back?
4. Read 1 John 3:1-2. What stands out to you in your view of God? God's love, mercy, power, compassion, strength, wisdom, etc.? Why?
5. What you choose to believe about yourself is 100% a spiritual battlefield. Who is currently winning the battle? If you could say anything to God right now that would help change your outlook, what would you say? If you could hear anything from Him that would change your outlook, what would you want to hear?
6. Read 2 Corinthians 10:5. What's your biggest challenge in taking every thought captive? If you've had success with that in the past, what has worked for you from a practical standpoint?
7. What one practical step do you plan to implement from this week's message?

Scripture References

Luke 15: 18-23, 1 John 3:1-2, Genesis 3:1b, Genesis 3:5b, 2 Corinthians 10:5, Luke 15:20b

Takeaways

- No matter what you've done or been through, God is waiting to redefine you as Honored, Forgiven, Family, Provided for through Jesus.
- Run to your Perfect Father with your deepest wounds surrendered.
- Meet your Perfect Father as the One who can meet your deepest unmet needs.
- You'll never consistently perform in a way that contradicts your true view of yourself.
- Your view of God shapes your life more than any other thing.
- We are all born into brokenness and broken identities. Only God can heal our deep internal brokenness.
- What you choose to believe about yourself is 100% a spiritual battlefield.
- "Take every thought captive" includes every thought about yourself and what you choose to believe about God.
- Sometimes, you have to release what you're holding onto to be set free.
- Everything you need is found in your Perfect Father in Heaven.

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