

Week 3:

The God Who Heals

start fresh

Questions

1. What illustration, story, or example stood out to you this week?
2. When have you released bitterness and let God help heal your hurt? What changed in your life because of that choice?
3. Read Exodus 15:26. Which area of your life do you need to continue to work on submitting to God? (Your relationships, your work, your fears, your finances, etc.) Why is it so hard to submit that particular issue?
4. Share an example of one of the 7 ways to see God turn your bitter heartache to sweet joy that you have experienced and the change that it brought in your life. Which of the 7 ways do you need to rely more on God? (See list below)
5. What practical steps can you put into practice this week?

Scripture References

Exodus 15:22-26c, Galatians 3:13, John 19:28-30, Revelations 22:1-2c, 1 Peter 3:21

Takeaways

7 Words that Change Everything

“Then Moses cried out to the Lord”

7 Ways to See God Turn Your Bitter Heartache to Sweet Joy

When Your Life is Bitter

- Cry out to the Lord.
- Submit your life to him.
- God can make a way when there is no way.
- Don't forget the faith that God built in past dead-ends.
- You have an opportunity to grow your faith.
- Keep worshipping and serving.
- Look to the cross of Christ.

God can take the bitter experiences of your life and bring sweetness out of them.

Physically – Matthew 4:23

Emotionally – Luke 8:2, Mark 16:9

Mentally – Matthew 5:15

Spiritually – Luke 5:20