#### Week 1:

# Heaven on Earth When it Really Hurts



### **Questions**

- 1. What illustration, story, or example stood out to you this week?
- 2. When have your relationship expectations not lined up with reality? How did that make you feel?
- 3. Read Colossians 3:1-3. Why do you think it's so hard to keep our hearts fixed on things above? What earthly things do you tend to fix your heart on?
- 4. When has someone treated you like royalty? How did that make you feel valuable and accepted? What current relationship in your life could use more intention and Christ-like forgiveness and love?
- 5. Read Colossians 3:12. The traits that Paul lists (mercy, kindness, humility, gentleness, and patience) are only possible through the Holy Spirit (Galatians 5:22-23). How can you consistently build a habit of displaying these traits in your life?
- 6. How does God's acceptance change your identity and security? What changes in your daily life when you really believe this truth?
- 7. What one practical step do you plan to implement from this week's message?

### **Scripture References**

Read Colossians 3:13; Colossians 3:1-3; Colossians 1:5-15

## **Takeaways**

You choose the health of your relationships when you choose how to handle your pain.

If you don't learn to forgive in Christ, your life legacy will be a train of painfully, broken relationships.

If unforgiveness is a cancer to relationships but we all experience pains that we cannot will ourselves to forgive, then how in the world can we do this?

10 Steps to a Healthy Home Where Everyone is Treated Like Royalty

If you want relationships that are heaven on earth:

- 1. Have a high view of God as resident and president of your home
- 2. Treat every close relation like royalty
- 3. Constantly take off the dirty clothes of your old self
- 4. Position yourself to be being rescued by knowing more and more of Christ
- 5. Not view people through the broken lenses, assumptions, & stereotypes of this world
- 6. Clothe yourself intentionally and regularly with compassion, kindness, humility, gentleness & patience
- 7. Choose a lifestyle of forgiving and re-forgiving



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- 8. Love others in a way that makes love the overcoat which bumps up against all others
- 9. Choose Christ as Ruler of your mind and home
- 10. Flood your home, car and mind with Scripture and worship music