

# Daily Declarations for Your Deepest Needs

## Questions

1. What illustration, story, or example stood out to you this week?
2. One helpful way to avoid disappointment is to cultivate the skill of identifying what you lack and then find it in the Father. What's the first thing that comes to mind when you think about what you lack and why?
3. Read Matthew 6:9-13. What's your experience with the Lord's Prayer? How has it been helpful to you throughout your life?
4. Read through the Lord's Prayer together aloud. Which line/verse meets your greatest need the most, and why?
5. What topic/issue do you need to find specific Bible scriptures/promises to keep you encouraged?
6. What one practical step do you plan to implement from this week's message?

## Scripture References

Read John 4:34a; Matthew 6:9-10; Matthew 6:11-12; Matthew 6:13

## Takeaways

- Cultivate the skill of identifying what you lack then finding it in the Father.
- Cultivate the skill
  - Make this a ritual
  - Ask God to help you make this a habit.
  - Catch yourself when old feeding patterns flare up
- Identifying What You Lack
  - Schedule weekly (or daily) times of reflection, to slow down and study your life patterns
  - Ask the Spirit to help you
  - Ask insightful people to help you unearth your unmet needs
- Finding (What You Lack) in Your Father
  - Daily pray the Lord's Prayer as a ramp toward connecting your needs to His provision. (Found in Matthew 6:9-13)
  - Find specific Bible promises for your needs
  - Read or listen to "Abba's Child" by Brennan Manning repeatedly until you start to believe it.