What Can You Do with Your Pain?



## Questions

- 1. What illustration, story, or example stood out to you this week?
- 2. Read Hebrews 4:15. Why is it important to have a God who knows what you're going through? How do you relate to the pain that Jesus experienced? (Betrayal, Physical Pain, Abandonment, etc.)
- 3. God can bring purpose to your pain. If you could have that purpose now, what do you think it might look like?
- 4. Easter is the message of hope from God for your most hopeless hurts. What does the Easter story mean to you personally?
- 5. If you have walked through a season of pain, where and how did you see God bring hope in the pain?
- 6. What one practical step do you plan to implement from this week's message?

## **Scripture References**

Read Mark 14:34, Hebrews 4:15, Daniel 3:25, Romans 3:23, Romans 5:8, Romans 10:9, 1 Corinthians 15:43, John 21:9-10, John 21:12-24, Jeremiah 29:11

## **Takeaways**

- Jesus can relate to your pain
- Easter is the message of hope from God for your most hopeless hurts
- Bring your pain to God
- Jesus is God with you, in your pain
- Jesus can give you purpose in your pain
- When you place your faith in Jesus, God will give you:
  - A purpose in your pain
  - $\circ$  A future, free from pain

