

Week 2:

Enjoy Your Life



Questions

1. What story or illustration in the message really stuck out to you?
2. Throughout your life, how have you found joy in the Lord when you haven't been happy?
3. Read Philippians 4:12. What wisdom can you offer someone who might struggle being content?
4. Read Ecclesiastes 5:19. Why do you think it's so hard to be able to enjoy the good things that God gives you? When have you seen someone content with God's generosity even when it seemed small in the world's viewpoint?
5. What if you could live this next week, completely free from fear? What would you do with that week? How does your faith impact your fear?
6. What's one practical step you can take this week?

Scripture References

Read Ecclesiastes 7:2, Nehemiah 8:10b, Ecclesiastes 2:24, Ecclesiastes 5:18-20, Psalm 38:4, Ecclesiastes 6:2, Philippians 4:12, 1 Timothy 4:4, 1 Timothy 6:17

Takeaways

- God wants you to enjoy your life.
- Recognizing God's hand in every good moment of your life is the key to tasting more joy in your life.
- God can give you the ability to enjoy what you already have—more than you would, on your own, enjoy what you most desire.
- Receive every good thing in your life as a gift from the hand of God.