

Week 1:

Living a God Saturated Life



Questions

1. What story or illustration in the message really stuck out to you?
2. Read Ecclesiastes 1:6-7. Has there been a time in your life when you wanted something to last, and you struggled when it didn't? How did you turn to God during that time? If you didn't seek God, would it have changed if you had?
3. Read Ecclesiastes 1:9-10. We are reminded that some things in life that we want to get rid of can't be eliminated (poverty, oppression, pain, war, etc.) How has your faith allowed you to come to terms with this knowledge? How can you help others understand this concept while still remembering that God is for us?
4. Richard Dahlstrom talked about the many ways that people try to escape their pain. How have you tried to "escape the pain" in your life (Work, Money, Sex & Pleasure)? Why do you think we believe that escaping the pain will work?
5. Read Colossians 3:1-2. When did you face a challenging time and intentionally set your mind on the "things above"? How did looking for God change your attitude or perspective about your troubles?
6. Our current culture teaches the goal of life is to maximize pleasure and minimize pain. How does this contrast with what we learned this week?
7. What's one practical step can you take this week?

Scripture References

Read Ecclesiastes 1:6-10; Matthew 24:6; Matthew 14:7; Ecclesiastes:14-15; Ecclesiastes 2:4-10; Ecclesiastes 2:24-25; 1 John 2:17; Colossians 3:1-2

Takeaways

- Nothing under the sun lasts
- Nothing we want to get rid of disappears
- The One True Thing: Enjoy life!