



WEEK #1: WHY DO WE DO IT?

INTRODUCTION

Everybody has a secret life. There is a gap between the person we want to be and the person that we are. It could be because of things we do wrong, or others have done to us. God's will for all of us is for us to be completely authentic and free to be who we really are. In this series, we'll look at God's word and discover how to be free from that secret life that keeps threatening us all the time and how to be the people that God has designed us to be.

DISCUSSION QUESTIONS

1. What was your biggest takeaway from the message, and why?
2. Pastor Mark listed five reasons we might lead a secret life. Do any of the following resonate with you?
 - "I might get into trouble if I was real or told the truth."
 - "If you knew who I was, you might not like me."
 - "I might not get what I want (job, person, friends)."
 - "You might laugh at me."
 - I might fail."
3. Read Hebrews 4:13. How do you feel about this verse? Does it scare you or comfort you?
4. Secret lives stem from something we are doing wrong or because of a wrong being done to us. Which do you relate to the most as you think about your faith journey?

TAKEAWAYS

SCRIPTURE:

Genesis 3:6-8, 11-12 / Hebrews 4:13 / Proverbs 28:13 / Revelation 2:21 / Romans 9:20

QUOTES:

"Covering is where the pretending starts and pretending is where the bondage starts."

"If your issue is with God, then your solution is with God! Bring your problems to your Heavenly Father because He knows what to do with your secret life."

"If you are somebody else, it will drive you crazy and the world will miss out on you."