



WEEK #4: FIRST SEEDS.

INTRODUCTION & OPENING QUESTION

When the pressures of life put a strain on us and deplete our energy. Isn't it true that we feel it the most at home? In our marriage and with our family? Sometimes the most important relationships in life get our leftovers. But it doesn't have to be that way! What if you could get a power boost? This Summer, get ready to go, SuerpNatural!

DISCUSSION QUESTIONS

1. Read Galatians 6:8. (or recite it if you've committed it to memory). What is something new you've noticed or learned about this Scripture during this series?
2. Read Ephesians 4:22-24. Does the imagery in these verses help you understand living in the flesh vs. life in the Spirit? If so, how?
3. Pastor Mark shared Scripture (Zech. 8:16-9/2 Thess. 2:1-10) discussing the importance of loving the truth. He then gave us four questions to consider: Do I love truth? Do I want to hear the truth? Do I believe the truth? Do I tell the truth? Mark said, "all of us probably need to do a little weeding here." Where do you need to do some "weeding" regarding the four questions Pastor asked about truth?
4. *Have you ever confused praise with the expression of praise? Read Ephesians 5:19. What are your thoughts on this Scripture? Have you ever thought about "speaking to one another with psalms, hymns, and spiritual songs?"*
5. One of the most powerful seeds in your bag is gratitude. How can you sow seeds of gratitude this week? When has it been most difficult for you to sow seeds of gratitude? In what ways have you been impacted positively by practicing gratitude?
6. What was your biggest takeaway from the message, and why?

SCRIPTURE & QUOTES

Galatians 6:8 / Ephesians 4:22-25, 5:15-21 / Zechariah 8:16-19 / 2 Thessalonians 2:10 / Matthew 12:44-45 / Romans 8:28

"If you let the devil tell you that you are who you used to be, you will do what you used to do."