

## **Sunday Kid Page**

### **As You Wake Prayer**

What's the first thing that you do when you wake up?  
Is easy to think of something other than God when you wake up?  
You can join your parents in the prayer on their page, or try this:

God, thanks for today. Help me to be aware of you and love others. Amen

Read this together with your family.

### **Morning Prayer**

- As you listen to this, what do you notice about the music?
- What didn't you understand?
- What was the Bible passage about?

### **Mid-Day Prayer**

Our Father in heaven, may your name be kept holy. May your Kingdom come soon. May your will be done on earth, as it is in heaven. Give us today the food we need, and forgive us our sins, as we have forgiven those who sin against us. And don't let us yield to temptation, but rescue us from the evil one. For yours is the kingdom and the power and the glory forever. Amen. (NLT)

Copy the above prayer word for word on the lines below, then circle the words that don't make sense to you. Underline the phrases that make sense to you.

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### **Evening Meal Prayer**

10 Things I am thankful for...

- Write down 10 things you are thankful for on post-it notes or in a journal.
- Share the 10 things with the people you are eating with
- Thank God for the 10 things

Join your parents in writing things on the post-its!

### **End of the Day Prayer**

What do you think about as you go to bed? Do you ever think about your day as you go to sleep? Try praying this each night as you go to bed:

God, thanks for today. Comfort us as we go to sleep, help us to be ready for our day tomorrow. Amen