

Sunday, August 30, 2020

RESILIENCE



My 10th-grade teacher asked our class what was our one wish?

A classmate wished everyone in her family could be healthy. At the time I thought, “What a dumb wish!” Someone in her family must have had health issues. I did not understand it then, but I do now. My father and sister both died at 56. Now my mom has severe memory loss. I have two degrees from ORU. Oral Roberts was a visionary. He was a leader in emphasizing the whole person—in body, mind and spirit: “*May your whole spirit and soul and body be kept blameless at the coming of our Lord Jesus Christ.*” (1 Thessalonians 5:23) **Jesus spoke to the spirit and soul, but also healed bodies.** Paul said our bodies were important: “*With full courage now as always, Christ will be honored in my body,*” and will be transformed in heaven. (Philippians 1:20)

The joke is, it is called COVID “19” because since it hit, we all have gained 19 pounds. Staying physically strong is challenging but essential. Christians tend to condemn some unhealthy behaviors while ignoring others. We often overlook the stewardship of our bodies. This saying is tacky but can be true: “He dug his grave with a knife and fork.” **The Old Testament esteemed the human body.** It provided many rules and regulations to keep it healthy and safe (particularly in Leviticus 13-16). An integration of the physical and spiritual is fasting.



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APPLICATION:

How are you stewarding your health? What is one

thing you can do to be healthier? What can you automate in your daily routine? Will you fast Thursday evening after dinner to Friday dinner as Wesley told the Methodists to do? **Memorize 3 John 2 this week:** *“Beloved, I pray that all may go well with you and that you may be in good health, as it goes well with your soul.”*



MESSAGE

3 John 2-4

Senior Pastor
Tom Harrison

WAYS TO GIVE:



Electronic Giving
myasburytulsa.org

Online Bill Pay
Name and address on the check



Mobile:
Text the word “asburygive” to 73256



Cash or Check:
Offering box or any time in the main office or the South Guest Services Desk.

PREVIOUS WEEK’S GIVING:

WEEKLY GIVING:

\$97,266.60

YTD GIVING BUDGET:

\$ 5,140,264.00

YTD GIVING ACTUAL:

\$4,903,062.59

SCRIPTURE READINGS:

SOCIAL RESILIENCE

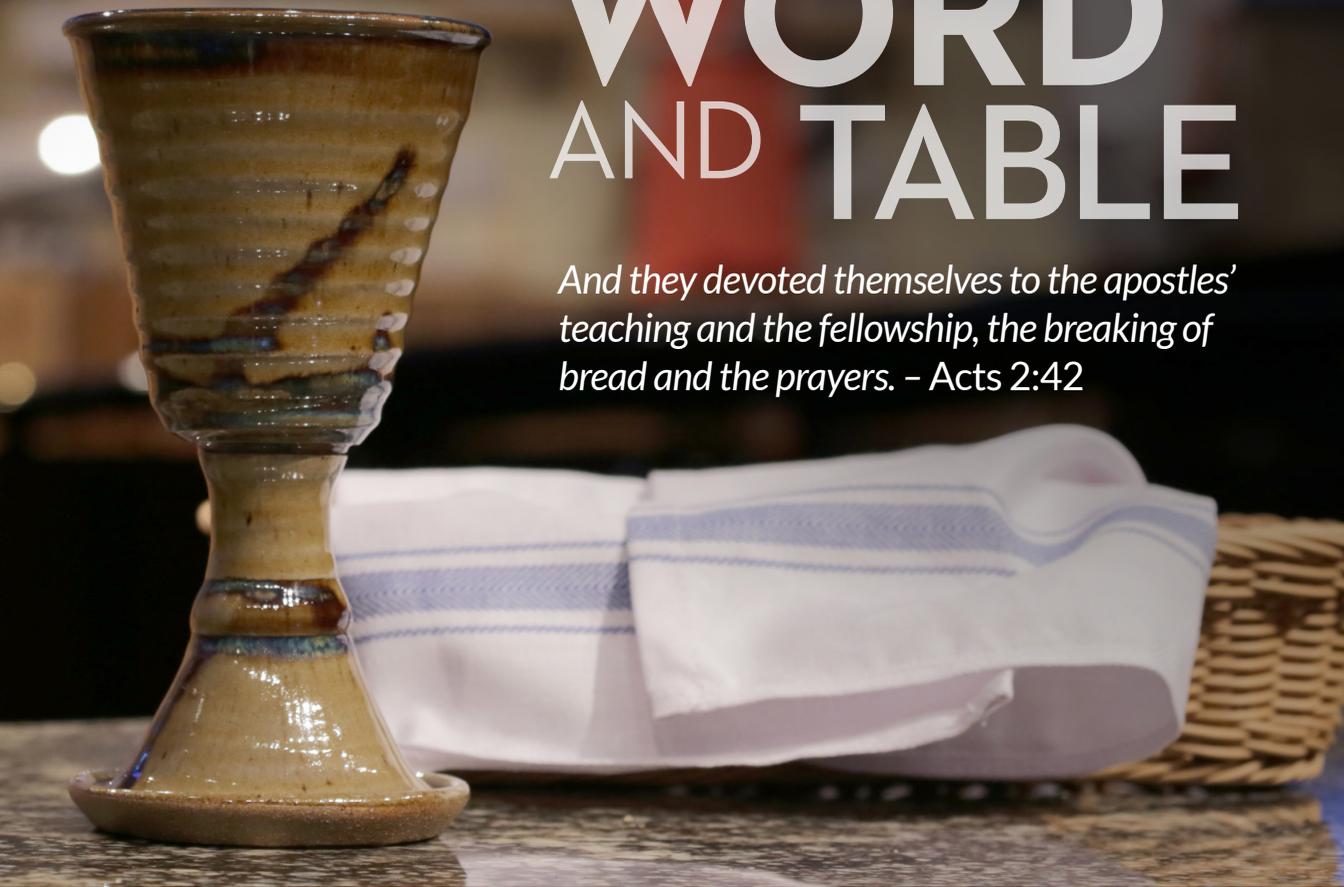
AUG 31 Hebrews 10:24-25
SEPT 1 John 15:12-17
SEPT 2 Romans 15:1-7
SEPT 3 Galatians 5:13-26
SEPT 4 Ephesians 4:25-32
SEPT 5 1 Peter 4:7-11

COVID-19 Pandemic got you down?

HELP is available to listen, counsel or pray. Please contact Pastor Andrea Stephens at astephens@asburytulsa.org for details.

WORD AND TABLE

And they devoted themselves to the apostles' teaching and the fellowship, the breaking of bread and the prayers. – Acts 2:42



The service of Word and Table involves all the senses. It engages us spiritually, mentally, emotionally, physically, materially and socially. The Word tells of God's saving acts throughout history. The Table (that is, Communion) dramatizes God's story through words, symbols and actions. **We actively listen. We stand to sing. We kneel to pray. We smell Virginia's fresh-baked bread and Dr. Welch's sweet grape juice.** We "taste and see" that the Lord is good (Psalm 34:8). God created us as whole persons and He invites us to worship Him with our whole selves, in fellowship and "common unity" with one another.

ASBURY WOMEN'S GATHERING

NIGHT OF JOY



Musical guests:
Camille & Haley

Special Guest:

Amy Barnes
She's Funny!

Thursday, September 17, 7 pm

Register at asburytulsa.org/JOY2020



Starting September 9

CHILDREN'S MUSIC

Wednesday Programming

Kindergarten- 8th grade
2-3 pm and 4:30-5:30 pm

asburytulsa.org/childrensmusic



MIDDLE SCHOOL HANDBELLS

meets on Sundays
from 3 - 4 pm during
the school year.

asburytulsa.org/events

SUNDAY MORNING



ASBURY Kids

9:30 & 11 am



ASBURY STUDENTS

9:30 am



Discipleship Communities

8, 9:30 & 11 am
Check asburytulsa.org/communities for full listing

EVENTS

Worship



COMMUNION STEWARD 9:30 and 11 am

We would love for you to be a part of the Communion Steward team!
Contact Lauren Brown at lbrown@asburytulsa.org.

EVENTS

Outreach

Safely Serving 2nd Saturday



ASBURY 2ND SATURDAY IS BACK!

Several on-site opportunities!

September 12
8 am | Venue

Questions?
Betty Higgins, 918.688.3246
Lanette Celoni, 812.639.6425

asburytulsa.org/2ndSatisBack

TWEENAGERS

**September
Program & Luncheon**

Thurs., Sept. 24, 10:30 am | CLC



United
Methodist
Women

PROGRAM and LUNCHEON

Thurs., September 3 | 11:30 am | CLC

10 & 25 YEAR

ANNIVERSARY RECOGNITION
BBQ LUNCH

September 27
12:15 pm | CLC

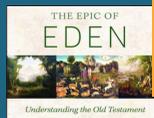
If you are a member and have a 10- or 25-year anniversary in 2020, contact Ruth at 918.392.1146 or rwinn@asburytulsa.org.

FALL DISCIPLESHIP CLASSES

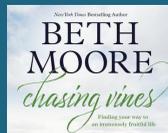


FALL
DISCIPLESHIP
CLASS
SCHEDULE

- Epic of Eden
- Study of Galatians
- Confident Faith
- Chasing Vines
- Precept upon Precept: Mark
- Mother's Fellowship
- Financial Peace
- Women of the Word and more!



Study on
GALATIANS



Confident
FAITH

MARK

Women of the
WORD

FINANCIAL *Peace*
UNIVERSITY

THIS WEEK'S FEATURE:



There is a popular idea that "faith" means believing in something without evidence. But the true meaning of "faith" is this: Given what we do know about God and His character, we will *trust* what God has said for our lives.

This is a course in "apologetics," which will help us answer the constant challenges that the world brings to our faith. Christianity actually makes great sense of the world around us. Come join teacher Jonathan Bartlett and Pastor James Lambert as we examine these challenges and learn to live with Confident Faith.

Check the literature racks for a brochure or online at asburytulsa.org/events.

EVENTS Outreach

Join us for a night of fellowship with **World One Church!**



September 13
5:30 – 7:30 pm
Asbury's South Lawn

- Worship
- \$5 food trucks
- Music, DJ and worship bands
- Fun and prizes
for a group participation activity.

Bring your blankets and chairs!

