1. ***WORKS (30 minutes)***
2. **Testimonies Through Reflections**
3. **Journaling**
4. Get hold of the Bible Reading Plan from:

**Youversion – OwnIt365 Plan**

and begin an exciting journey in the discovery of the Lord’s personal word to you.

1. Request one of your members to share a journal entry. Pair up members to share with, and pray for one another.
2. Think creatively and keep one another accountable as per the Leader’s Meeting in July, as per what was modelled using WhatsApp or any equivalent way.
3. If there are any good testimonies, ask your members to write out their testimonies and submit to the church: [general@dumc.my](mailto:general@dumc.my).
4. **Looking Ahead**
   1. **Church Prayer Altar (to strongly encourage in the month of July & August)**

Every Saturday | 7.00 -9.00am | Room 101 & 102

*Let us come and seek the face of God. Prayer precedes everything.*

*During the preaching series on prayer, i.e. ‘Breathe’, strongly encourage this!*

* 1. **The Marriage Course**

12 August – 30 September 2018 | 3.00 – 5.30 pm | Hall 3

“Building a healthy marriage that lasts a lifetime.”

*Register at* [*bit.ly/marriage\_course*](file:///C:\Users\GohSenJ\Documents\MINE\CLIP\DUA%20Samples\bit.ly\marriage_course)

*For more information, visit* [*dumc.my/familylife*](file:///C:\Users\GohSenJ\Documents\MINE\CLIP\DUA%20Samples\dumc.my\familylife)

* 1. **Crossfields 2018**

**Crossfields Prayer Meeting**

4 August 2018 | 9.00 – 11.00 am | Room 103

Breakfast @ 8.15 a.m.

Explore Missions and get equipped by attending this training requirement:

**Missions Candidate Preparation Program I (MCPP1)**

11 & 12 August 2018 | Weekend Away | Empress Hotel (Sepang)

Mission trips into the harvest field, coming up:

**Sarawak Iban** | 22 to 28 August 2018

**Sarawak Penan** | 18 to 22 August 2018

**Thailand** | 2 to 9 September 2018

**Cambodia** | 20 to 27 September 2018

*Contact Eunice Tan at* [eunice.tan@dumc.my](mailto:eunice.tan@dumc.my)

1. **Missions (Prayer & Intercession)**

**DUMC's Adopted Unreached People Group: Bamar, Myanmar**

Pray:

**The Bamars (dominant ethnic group)**

* God will open their hearts and spiritual eyes to the Good News.
* For challenges faced in Myanmar – drugs, racial and religious conflicts, military violence, corruption, child trafficking and poverty.
* Perseverance for believers who face persecution from their communities and families; God’s presence and empowerment in their spiritual journeys, and greater thirst and hunger for the Word.

**Mission Team (27 July – 4 August)**

Team members: Benjamin Yong (Leader), Ding Ying (Assistant Leader), Dixon Heng, Lee Ee Theng, Jeff Lim, & Jasmine Tham.

* Spirit's anointing and spiritual gifts for them; for the spirit of humility, compassion and love in their ministry to the people.
* Many will receive salvation and experience the Spirit's transforming work and healing in their lives.
* Team unity; journey mercies and divine protection for them and their loved ones back home.
* The spiritual development, strength and growth of the partner churches that mission teams will work with; the Lord will encourage and refresh the local pastors and their families.

1. ***WORD (60 minutes)***

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***Prayer Series – Breathe***

**Prayer is to Approach God (Luke 11:1-13)**

*By Pr Christopher Manivannan*

* Read the scripture passage.
* Do a **THREE-MINUTE SUMMARY** of the sermon highlighting the **KEY POINTS**. Do not preach the whole sermon again, as majority of your members would have heard the sermon already. Allocate more time for sharing in the cell through the application questions below.
* Sermon Resource at: <http://www.dumc.my/resources/sermons/>

*Do not re-preah the sermon. Spend more time on discussion and application.*

*Here is a good example of how a summary can be done in 5 minutes or less:*

Let’s read the passage from Luke 11:1-13. Let’s go one round and everybody reads one verse.

Pastor Chris M, started the series for us on prayer, titled “Prayer is to Approach God.”

**The BIG Idea of the sermon is the same: Praying is Approaching God**

Three key points related to the nature of prayer is this:

1. No unusual time for God. Any time is a good time (v. 5-6)
2. No unusual request for God. Any request is a good request! (v. 5-6)
3. No unacceptable excuses from God. God addresses every request (v. 7-8)

There were two conclusions made:

1. God is our Father in Heaven who loves us to approach Him with our requests.
2. The parable of the prayer told by Jesus is to encourage us to go on praying.

Let’s now spend time on the ‘Activity Sheet’ or ponder over these questions below:

**Reflection & Application Questions:**

1. **Share a testimony on an answered prayer where you experienced God’s unusual favour.**
2. **What are your personal hindrances that keep you from approaching God? Pray to encourage the person to approach God confidently.**

**Note to Word leader:**

As you are preparing for this session, this is a great time to pray that the Holy Spirit will guide you to use the questions efficaciously. You can select, modify or entirely create your own questions, according to the needs of your CG.

***WORD Activity Sheet (for Printing)***

**The BIG IDEA: Praying is Approaching God**

1. **Times I Pray (any time is a good time!)**

**How much time do I spend in prayer everyday? Write it in the ‘white circle’ below in hours and ponder these questions.**

How many hours am I awake in a day? Compare that against the time I spend in prayer. Is that reflective of my faith?

Do I have a dedicated time for prayer each day? Why, or why not?

How often do I find myself turning to God throughout the day in prayer?



1. **Items I Pray For (any request is a good request!)**

**When I come to God daily in prayer, what do I pray for? Estimate a percentage, and consider these questions.**

[](http://www.crbc-ph.org/wp-content/uploads/2013/08/48dc.jpg)

If God is a good Father to us by addressing every request and it is important to me as a Christian to draw nearer to God, **I resolutely choose** to do the following to improve my prayer life:

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What can our cell group do together to improve our prayer life? *(e.g. attend Church Prayer Altars regularly on Saturday mornings, start a prayer chain via WhatsApp, call each other this week to pray with one another on a topic, etc.)*

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