



Praising God in the Everyday
Discussion Guide | July 14, 2019
Psalm 145
Questions for Study and Discussion

1. We can relate so well to David because he went through the mountains and the valleys. How does knowing this encourage you?
2. What is praise?
3. Out of the 22 reasons David praises God, which stick out to you the most? Why?
4. If you had to write your own praise Psalm, what things would you praise God for?
5. What does "barak" mean?
6. Have you ever been driven to your knees in praise, whether it was in times of thankfulness or in times of desperation? Why were you driven to your knees?
7. Are you driven to your knees (physically/posture of the heart) everyday?
8. What does "halal" mean?
9. Do you allow yourself to be clamorously foolish in pursuit of worshipping God? Do you allow what other people think to dictate your worship?
10. Read Psalm 145:2. What does "Every day I will" mean for our lives?
11. Do you allow your feelings to rob you of giving God praise?
12. Read Psalm 145:4-7. Will you praise God this week (no matter the circumstances)? What will this do to the people around you (kids, friends, co-workers)?
13. **Challenge: Write your own Psalm of praise to God.**