



WHOAAMI

Old Self and New Self

Discussion Guide | September 29, 2019

Ephesians 4:17-24

Questions for Study and Discussion

**Before you begin, please read Ephesians 4:17-24 as a group.

1. Point to a time in your life where you were asking the question "Who am I?" How did you answer that question and how has that affected your life still today?
2. Have you ever stepped on a Lego or drank orange juice after brushing your teeth? Certain things were not made to go together. Talk about how you cannot claim to be a Christian and still hold onto things that are sinful.
3. Have you ever tried to live dualistically (old self and new self together)? How did that end up?
4. Read Ephesians 4:20-24. Paul is calling us to action. Are you living the Christian life actionless or full of action?
5. Read Ephesians 4:17-19. Paul is telling us to put off certain things.
 - What kind of things are you chasing that are futile? What things are you doing that you treat like they are meaningless even when they could have Kingdom Impact?
 - Are you living callused to God? Are you allowing Him to get inside of your heart and change you? If so, how have you seen Him change you?
 - Read Romans 6:1-7. What does this say about your relation with sin? Have you become callused to certain sins?
6. Read Ephesians 4:22. What do you think about the quote "God does not want to change what you do, He wants to change what you want to do."
7. Jesus did not die for behavior modification, He died for heart modification. Are you allowing God to change your desires?
8. What deceitful desires are you hanging on to?
9. You will know when you are pursuing righteousness and holiness when this statement become true of you. "The closer to God you get, the more sinful you feel" - A.W Tozer
10. **Challenge: Read Ephesians 5:8-9.**
You are children of light. How can you walk in light this week? Have someone hold you accountable to your answer.