

From this Day Forward...

Discussion Guide | October 6, 2019 Ephesians 5:21-33

Questions for Study and Discussion

**Before you begin, please read Ephesians 5:21-33 as a group.

- 1. Imagine you surveyed a group of strangers on the street, asking for their knee jerk reactions to how they viewed marriage. What are some of the responses you think you'd get?
- 2. How would the larger American culture define a thriving marriage? Is this different from how followers of Jesus may define a thriving marriage? Explain.
- 3. Look closely at the passage (Ephesians 5:21-33) again, and observe how many times Jesus Christ is referenced. How does the centrality of Jesus and His work in this passage shape how we read everything Ephesians 5:21-33 commands about marriage?
- 4. Some of the things the Apostle Paul brings up in this passage may sound extreme to you. In what ways could this passage be **mis**understood and lead to potential dangers?
- 5. In a sentence or two, summarize what Paul IS saying here and why he's saying it.
- 6. What other Biblical truths are essential to keep in mind as you think about what a healthy marriage looks like?
- 7. Why is a thriving marriage (defined by the Bible) worth fighting for? Whether you're married or single, why are thriving marriages important?
- 8. What are the biggest challenges to a thriving marriage? Work as a group to identify at least 6-8 challenges.
- 9. Which of these challenges have you faced in your own relationships? Based on what you've learned in Ephesians 5, what might it look like to navigate these challenges in a God-honoring way?
- 10. How can your group be a place where the real struggles of marriage can be brought to light in a safe place, where you can find encouragement, support, and help?
- 11. For anyone who's married: What practical steps do you need to take this week to invest fresh attention and effort into a thriving marriage? For anyone who's single: What's your biggest take-away on marriage from Ephesians 5:21-33 and this discussion as a group?
- 12. **Challenge: Memorize Ephesians 5:31-32**: 31 "For this reason a man will leave his father and mother and the two will become one flesh." 32 This is a profound mystery but I am talking about Christ and the church.