



Overcoming Shame

Discussion Guide | December 15, 2019

Luke 7:36-50

Questions for Study and Discussion

** Before you begin, please read Luke 7:36-50 as a group.

1. When you hear the word "shame" what comes to mind?
2. How has shame been a part of your relationships? Relationships with friends/family?
3. Has shame played a role in your relationship with God? How so?
4. How can shame cripple your relationships?
5. Read Luke 7:36-38. The sinful woman approached Jesus in all of her shame and sin. Do you have a hard time approaching Jesus because of the sinful things you have done? Explain.
6. Do you allow your past mistakes to determine how you think God sees you?
7. Are you willing to admit your sinfulness, both to yourself and to the Lord?
8. Our sin should not drive us to shame, it should drive us to repentance. What are your thoughts on this statement?
9. Why does understanding how much you have been forgiven make you fall more in love with Jesus? Have you experienced this?
10. How do you think the woman felt when she heard Jesus' words in Luke 7:48? How do you feel when they are directed toward you?
11. **Challenge:** Prayer is so powerful. During your community group time, pray for those that struggle with shame.