



**Our Protector and Deliverer**  
Discussion Guide | Feb 9, 2020  
Matthew 6:13

**Questions for Study and Discussion**

\*\* Before you begin, please read Matthew 6:5-13 (these questions will focus on Matthew 6:13)

1. Share a time when you asked for help. What were the circumstances, and how did things turn out?
2. Is asking for help easy or difficult for you? Why?
3. In many ways, Matthew 6:13 acknowledges our need for help in certain areas. In what areas do we need help, according to what Jesus says here?
4. Often we try to fight temptation and resist sin on our own. Why is this?
5. Who is the "evil one" referred to at the end of Matthew 6:13? How does the identity of this "evil one" reinforce our need for BIG help in the fight against temptation and sin?
6. Read the following passages. What does each one say about how to fight temptation or respond to Satan's deceitful attacks?
  - Matthew 4:1-11
  - Ephesians 6:10-18
  - James 4:7-8
  - James 5:16
  - 1 Peter 5:8-9
7. Read Colossians 1:13 and Colossians 2:15. Based on these verses, in your own words explain how Jesus' saving work on the cross has already "delivered us from the evil one."
8. How can Jesus' finished work on the cross help you trust in God's ability to protect and deliver in immediate struggles / situations you're facing right now?
9. Share one way that you feel like your faith is being tested right now, or one way that you feel like you're facing a barrage of temptation. What does it look like to respond in the right way to this particular test / temptation?
10. What action steps do you need to take today, regarding what you've learned about looking to God for protection and deliverance in the fight against sin?
11. What have you learned from Matthew 6:13 that can make a practical difference in your prayer life?
12. End your group time in prayer - asking God for spiritual protection and "gospel strength" to resist temptation in your own life.