



## ADVENT

December 2019

What is Advent? The word Advent means “coming.” At Christmas we remember and celebrate Jesus’ first coming, but we also look ahead with anticipation to the day when He will return at His second coming. What a day of rejoicing that will be for all of us who know Him as Savior!

For more on the history of Advent, visit The Gospel Coalition website and read “[The History of Advent.](#)” Find more information about celebrating Advent with your family from [Focus on the Family.](#)

Each of the four weeks of this reading plan has a theme: Hope, Peace, Love, Joy. Read the daily Scriptures and then spend some time reflecting on the questions provided. Consider how the Lord wants to speak to you and transform you, then offer a prayer to Him.

For a closer look at each of the themes: Hope, Peace, Love, Joy, visit [TheBibleProject.com](#) and explore their [Advent word study video series.](#)

## Week 1: HOPE

### Read:

Day 1- [Psalm 2:6-9](#); [Isaiah 9:2-7](#)

Day 2- [Isaiah 2:2-5](#)

Day 3- [Isaiah 7:14](#); [Hebrews 10:23](#)

Day 4- [Psalm 130](#)

Day 5- [Romans 5:1-5](#); [1 Peter 3:15](#)

### Reflect:

How do the Scriptures describe the hope we have in Jesus?

What does it mean to know that Jesus is your hope?

### Practice:

Claim the hope of Christ for an area of doubt, confusion, or darkness that exists in your life right now.

Who in your life needs to know the hope of Jesus? Pray for them and for the boldness to share the hope you have in Jesus.

### Pray:

Jesus, you are my hope. I can trust you. Your words are true. Your promises are certain. You came to rescue my heart, and you will return again! In the waiting, give me hope. Thank you that my life has purpose because you fulfilled yours. This advent season, I choose to walk with hope and to wait on you. Amen.

## Week 2: PEACE

### Read:

Day 1- [Isaiah 9:2-7](#)

Day 2- [Luke 1:67-79](#)

Day 3- [Luke 2:8-14](#)

Day 4- [John 14:25-27](#); [John 16:33](#)

Day 5- [1 Peter 3:9-11](#); [Romans 14:17-19](#)

### Reflect:

Jesus is called the Prince of Peace.

How is His peace different from the world's peace?

How has He brought peace in your life?

How can you bring peace in your home and work place this week?

### Practice:

Jesus offers peace with God to all but they need to be invited to Him so they can know that peace.

Think of a person in your life who needs peace and pray for the boldness and opportunity to share Jesus with them.

### Pray:

Jesus, thank you for being my Peace. Show me how I can take Your peace into my world this week and help me pursue the things that make for peace. Let me rest in Your peace. Amen.

## Week 3: LOVE

### Read:

Day 1- [Isaiah 9:6-7](#); [Isaiah 16:5](#)

Day 2- [John 15:9-17](#)

Day 3- [Psalm 103](#)

Day 4- [1 Corinthians 13:4-7](#)

Day 5- [Romans 8:37-39](#)

### Reflect:

What does the love of God look like?

How has He expressed His love for you?

How do you express God's love to others?

### Practice:

Challenge yourself to actively demonstrate God's love to a different person each day this week.

### Pray:

Adoration – Meditate on one aspect of God's love

Confession – Confess an area in which you take God's love for granted

Thanksgiving – Thank God for His faithfulness in a specific area of your life

Supplication – Ask God for help in expressing His love to others

## Week 4: JOY

### Read:

Day 1- [Luke 1:39-45](#)

Day 2- [Luke 2:8-14](#)

Day 3- [Matthew 2:1-12](#)

Day 4- [Romans 15:13](#)

Day 5- [Psalm 47:1](#)

### Reflect:

What does joy look like, sound like, feel like?

What are the things or people that usually steal your joy during the Christmas season?

How does the wonder of Christ's birth restore your joy?

### Practice:

Spend some time expressing your joy that has come to you through Christ birth. You could play some Christmas music, share the reason for your joy with a co-worker, or journal your reasons for joy.

### Pray:

Father, turn my fear and troubled heart into enthusiastic and overflowing joy through the peace that comes from your son, Jesus Christ.