

SERMON APPLICATION GUIDE

Ephesians 4:1-6

Ice Breaker: What is one evidence of grace you've seen the Lord work in your life this week?

Ice Breaker: What's the largest gathering you've ever been a part of? What was the reason for the gathering?

DISCUSSION 1: The Ingredients of Unity

1. Is there a moment you remember experiencing the unity of the body of Christ in a special way?
2. Do you remember a time with you experienced disunity in the church?
3. What are the ingredients that make for unity and ingredients that create disunity either in the church or relationships?

DISCUSSION 2: The Foundation of Unity

1. When looking at the world, what are the things that seem to unify people at the deepest level?
2. How does Christian unity differ from the unity (or lack thereof) in the world?
3. According to our passage, what is the foundation and uniqueness of our Christian unity? Where does our unity come from and how does its source make Christian unity unique to all others?
4. How does God's Word help us to stay unified as a body of believers?

DISCUSSION 3: Fighting for Unity

1. What are practical ways that we can strive for unity in our church? What should it look like to fight for unity when two believers' sin against one another?
2. Is there ever a time when it is right to divide and not contend for unity? What are some circumstances when it would be wise to break fellowship? (see Gal. 1:6-9, Matt. 18:15-20, I Cor. 5, 2 Thess. 3:6-15)
3. Is there any disunity in your family, relationships, or church that needs to be resolved? Take some time to examine where you might need to confess sin and fight for unity as far as it depends on you. Share it with a trusted friend or Small Group and ask for prayer.