

# SERMON APPLICATION GUIDE

## Luke 6:1-11

**Ice Breaker:** What's an evidence of God's grace you've seen this week?

**Ice Breaker:** What's the last time when you really felt truly rested? (This week? This year?)

### DISCUSSION QUESTIONS:

1. **Read Luke 6:1-11** What is the context in which these stories happen? Where are we at in the book of Luke?
2. How would Luke's audience have understood "the Sabbath"? What would this day have entailed for the Jewish people? How does Exodus 16:22-26 and 35:1-2 inform how the Jewish community understood (and so practiced) the Sabbath?
3. What passage of scripture helps us understand that what the disciples were doing was not stealing? How might we apply that same principle today in our lives?
4. How were the disciples breaking the Sabbath regulations of work in this story? Where did these extra Sabbath regulations come from? Why were they put into place?
5. How do we also put "extra regulations" upon our lives or upon the lives of others? Meaning, what do we intentionally or, most often, unintentionally require of ourselves or others in order to be made right (justification) before God?
6. What is Jesus' point in referencing the story of David and his men? See 1 Samuel 21:1-9. How does this make Jesus' point and "silence" the Pharisees?
7. What does it mean that Jesus is the Lord of the Sabbath? For Luke's audience? For us today?
8. What is the main point of the second story that Luke gives us about the Sabbath? How did the Pharisees respond? What is a contrast or an irony that you see in this passage (between Jesus and the Pharisees)?
9. Why should we have a right and biblical understanding of the Sabbath (e.i. why does it even matter)? What are we communicating to God and those around us when we have a right practice of Sabbath?
10. How do you think about the Sabbath for your own life or your own families? What steps might you take this week to begin instilling a habit of resting?