

# Five Stones

## The Path of Life

**The path of life is found by faith, which is often uncomfortable (Psalm 16:11).** Hebrews 11:1 reads that *faith is things hoped for, the conviction of things not seen*. Faith is trusting in God, obeying and following Him, even when we cannot see clearly. That kind of confidence produces great fruit – amazing joy and pleasure – in our lives, but it is often very difficult and stretching. The abundant life we all desire is experienced along the way as we take God’s hand in obedience and allow Him to lead and guide us one step at a time. This was certainly the case with David, who’s stirring to resist the taunts and mockery of a giant was anything but comfortable. But his obedience and trust in God, despite the odds, led to an unforeseen victory over Goliath.

### GET THINGS STARTED

Alexis de Tocqueville wrote in *Democracy of America* (in 1831) that Americans’ *minds are universally preoccupied with meeting the body’s every need and attending to life’s little comforts*. How is this proven true even today? How was the pursuit of comfort modeled to you growing up? And is it possible to have a healthy view or pursuit of comfort? If so, what does that look like?

### WATCH THE GROUP VIDEO FOR WEEK 4

### GO DEEPER

1. What stood out or resonated with you from the video this week?
2. In *Goliath Must Fall* by Louie Giglio (pg. 112), Louie lists different ways in which comfort can become a harmful thing (e.g. missing an great opportunity because we chose a safer route; choosing a good thing over a God-thing; growing accustomed to our sin instead of rooting it out of our lives, etc.). What from this list do you most relate to or identify with, and why?
3. In 1 Timothy 4:7-8, what does training for godliness look like? Why is such training uncomfortable if we know in our minds that it leads to greater strength and transformation?

### MAKE IT PERSONAL

1. How has your desire for comfort inhibited you from obeying what God is asking of you? What decision are you currently wrestling with because it poses a threat to your comfort?
2. In what ways can this group come alongside you as you step out in obedience to what God is stirring inside of you?

### PRACTICE IT NOW

**Take time as a group to encourage one another as you defeat the giant of comfort in your own individual lives.** Ask the Lord to speak to you on behalf of someone in your group and release hope into what God is doing in their life. Take time to also ask God to reveal any blind spots you may have when it comes to the giant of comfort and surrender those to Him.

### BLESS

A key part of our BLESS approach for sharing the good news of Jesus with others is serving. Identify who, how, and when you can serve someone in your sphere of influence to demonstrate the love of Jesus in a practical way this week.