

## Flip the Script | Think Like a Child

**Only those who become like little children find rest for their souls (Matthew 11:25-30).** Because God is worth more than anything, He hides. The level to which we are willing to seek that which is hidden – to seek Him – demonstrates how valuable we think He is. Thankfully, God promises that when we seek Him we will find Him (Matthew 7:7; Jeremiah 29:13). He delights in revealing Himself (Matthew 11:25-26). The key to finding God when He is hidden is *childlike humility*. Childlike humility admits that we need God so much that we passionately and relentlessly seek Him. Childlike humility also trusts Him more than we trust ourselves, and it seeks to obey like a child even before we fully understand.

### GETTING STARTED

In *Winning the War in Your Mind* by Craig Groeschel, he writes that the most essential thing for our mind is to stay mindful about the presence of God (pg. 165). Why is being mindful of God's presence so necessary for our mental health and well-being? How does prayer – in that place of mindfulness of God's nearness – affect our brains physically and our minds spiritually? What else stood out to you from chapters 10-11?

### GO DEEPER

1. According to Jesus in Matthew 11:25, God has hidden *these things* from the wise and educated, and revealed them to little children. What are *these things* that Jesus is referring to? Why has God chosen to reveal Himself to children, or to those with childlike faith and humility?
2. From Matthew 18:3-4, what characteristics of a child are we to imitate (and not imitate) when seeking Him? What does it mean to humble ourselves like a child?

### MAKE IT PERSONAL

1. Thinking about all you have been through, and are going through now, how offensive is it to you that God hides Himself? How childlike is your pursuit of Him, and what possibly needs to change to regain a childlike humility and trust in Him? How have you grown up too much?
2. How willing are you to follow and obey your Heavenly Father without full understanding? How does childlike obedience unlock understanding and fuller revelation?

### PRACTICE IT NOW – GROUP ACTIVITY

**Simple Materials Needed:** a 3x5 index card (or scrap pieces of paper) and a pen/pencil for each person

- As a group, take 2-3 minutes to listen to the Lord and write on your card one specific area God wants you to be obedient in with childlike humility, even though you don't fully understand why or fully grasp the entire situation.
- Share with your group what you wrote down, and why.
- Together as a group, in an attitude and posture of prayer, ask God to give you courage and grace to step into that area of obedience this week.

### PERSONAL DECLARATION

***I am a child of God and find rest in His presence.*** I declare that I am a child of God and not a spiritual orphan. Though my enemy seeks to destroy me, my mind can rest knowing that I am safe in the arms of my Heavenly Father. I choose today to seek God and call upon Him as my Heavenly Father, knowing that He extravagantly loves me and answers me with His divine wisdom. (1 Peter 5:8; John 17:26; Jeremiah 33:3; Matthew 6:33; James 1:5)

### PODCAST

As an additional source of encouragement and insight, check out our weekly podcast, Beyond Sundays, at [anchor.fm/beyondsundays](https://anchor.fm/beyondsundays).