

# Fearless Fear of Lack

**Because of what Jesus accomplished on the cross, what I have in God is greater than what I don't have in life (Psalm 23:1-6).** Unfortunately, many of us have embraced the lie that we will be happy and content when we have *enough* (e.g. enough people, love, money, influence, etc.). And because of this lie, we live in a perpetual state of want or lack, afraid of not having enough. The truth is that Jesus is our Shepherd who leads us to green pastures and still waters. He is not holding out on us, nor is He giving out of obligation. Our Father loves giving us all that we need, especially in the place of our spiritual lack. Joy is found when we trust Him to provide.

## GETTING STARTED

How would you typically answer the question: I will be happy when \_\_\_\_\_? What are some key areas of your life that you regularly feel you do not have enough? What does it possibly look like to live from a place or perspective of abundance rather than lack?

## GO DEEPER

1. From Luke 12:22-23 (and its parallel passage in Matthew 6:25), why does Jesus teach us not to be anxious? What does Jesus reveal about God, and about us, in these verses? Why do willpower or positive thinking fall short in removing our fear of lack?
2. According to Psalm 23:1-2, how do we get to green pastures and still waters? What keeps us from experiencing green pastures and still waters in our day-to-day lives?
3. In Luke 12:32, what is the one thing our Heavenly Father wants to give us out of His good pleasure? Of all the things He could provide, why does the Father want to give us this?

## MAKE IT PERSONAL

1. Do you trust God to provide enough for you, or do you tend to believe He is holding out on you? Why do you think you have that perspective? What possibly holds you back from trusting God to provide all that you need?
2. What does peace and contentment – green pastures and still waters – look like for you in this season? How do you realistically and practically follow Jesus as your shepherd and say with confidence that you *lack nothing*?

## PRACTICE IT NOW

As a group, take time to purposefully pray for a greater willingness to surrender and follow Jesus as your shepherd. Ask Him to increase your capacity to trust Him as a provider of all that you need. Ask God to give you the ability to live from a place of abundance in Him rather than in a fear of lack.