

# RUDDERS - *And* - ROUTES

CHANGE YOUR WORDS AND CHANGE YOUR LIFE

## #6 "ADDRESSING YOUR PROBLEMS - PT 4"

**James 3:2-5 (TPT)** We all fail in many areas, but especially with our words. Yet if we're able to bridle the words we say we are powerful enough to control ourselves in every way, and that means our character is mature and fully developed. Horses have bits and bridles in their mouths so that we can control and guide their large body. And the same with mighty ships, though they are massive and driven by fierce winds, yet they are steered by a tiny rudder at the direction of the person at the helm. And so the tongue is a small part of the body yet it carries great power!

Today's lesson:

\_\_\_\_\_ you speak to your problems matters.

**Mark 11:22-24 (NKJV)** So Jesus answered and said to them, "Have faith in God. For assuredly, I say to you, whoever says to this mountain, 'Be removed and be cast into the sea,' and does not doubt in his heart, but believes that those things he says will be done, he will have whatever he says. Therefore I say to you, whatever things you ask when you pray, believe that you receive them, and you will have them."

*3 ingredients of the right way to speak to your problems:*

- Speak with \_\_\_\_\_.
- **1 Samuel 17:43-44; Joshua 1:8; 2 Timothy 1:7; 1 John 4:18; John 8:44**

IN FAITH and with a heart to obey, I confidently declare:

"I am controlled by faith, not by fear. God's perfect love for me drives out fear in my life. I give my worries and fears to God and He gives me His peace, and works in all my concerns and challenges."

- Speak with \_\_\_\_\_.
  - **Matthew 6:9-10; Luke 10:19; Acts 16:16-18; James 4:7-8; Matthew 11:12**
- Engage your \_\_\_\_\_.
  - ▶ Praise changes your perspective.
  - ▶ Praise welcomes God's presence.
  - ▶ Praise releases God's power.

*Examples of problems overcome through praise:*

- **Joshua 6:20**
- **2 Chronicles 20:21-24**
- **Psalms 63:3-5**
- **Psalms 103:1-5**
- **Matthew 14:15-21**
- **John 11:40-44**
- **Acts 16:23-26**
- **Psalms 150:1-6**
- **Ephesians 1:3-6**
- **1 Thessalonians 5:18**
- **Hebrews 13:15**
- **Revelation 19:6-7**
- **Philippians 4:6-7**