



RESILIENT

Deuteronomy 20:8 (NLT) Then the officers will also say, "Is anyone here afraid or worried? If you are, you may go home before you frighten anyone else."

Joshua 14:7, 8 (NLT) Moses ... sent me ... to explore the land of Canaan. I returned and gave an honest report, but my brothers who went with me frightened the people from entering the Promised Land...

1 Samuel 13:6, 7 (TLB) When the men of Israel saw the vast mass of enemy troops, they lost their nerve entirely and tried to hide in caves, thickets, coverts, among the rocks, and even in tombs and cisterns. Some of them crossed the Jordan River and escaped to the land of Gad and Gilead. Meanwhile, Saul stayed at Gilgal, and those who were with him trembled with fear at what awaited them.

Luke 21:26 (NIV) People will faint from terror, apprehensive of what is coming on the world...

1 John 4:18 (MSG) ...fear is crippling...

2 Timothy 1:6, 7 (NIV) For this reason I remind you to fan into flame the gift of God, which is in you through the laying on of my hands. For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline.

2 Timothy 1:6, 7 (TPT) I'm writing to encourage you to fan into a flame and rekindle the fire of the spiritual gift God imparted to you when I laid my hands upon you. For God will never give you the spirit of fear, but the Holy Spirit who gives you mighty power, love, and self-control.

1. There's a battle AROUND you.

Psalm 1:1-3 (NLT) Oh, the joys of those who do not follow the advice of the wicked, or stand around with sinners, or join in with

mockers. But they delight in the law of the Lord, meditating on it day and night. They are like trees planted along the riverbank, bearing fruit each season. Their leaves never wither, and they prosper in all they do.

2. There's a battle INSIDE you.

2 Corinthians 10:3-5 (NKJV) For though we walk in the flesh, we do not war according to the flesh. For the weapons of our warfare are not carnal but mighty in God for pulling down strongholds, casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ.

Ephesians 6:17 (TPT) Embrace the power of salvation's full deliverance, like a helmet to protect your thoughts from lies. And take the mighty razor-sharp Spirit-sword of the spoken Word of God.

3. There's a GIFT within you.

2 Timothy 1:6, 7 (NIV) For this reason I remind you to fan into flame the gift of God, which is in you through the laying on of my hands. For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline.

1 John 4:4 (NIV) You, dear children, are from God and have overcome them, because the one who is in you is greater than the one who is in the world.

Romans 8:37-39 (NIV) No, in all these things we are more than conquerors through him who loved us. For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord.

Who and what is inside you as a believer?

▶ God is in you!

Hebrews 13:5, 6 (NLT) ... For God has said, "I will never fail you. I will never abandon you." So we can say with confidence, "The Lord is my helper, so I will have no fear. What can mere people do to me?"

1 Corinthians 6:19 (NIV) Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own.

▶ God's Word is in you!

Colossians 3:16 (NKJV) Let the word of Christ dwell in you richly...

▶ Praise is in you!

Psalms 32:7 (TEV) You are my hiding place; you will save me from trouble. I sing aloud of your salvation, because you protect me.

▶ The Spirit of prayer is in you!

Philippians 4:6, 7 (TLB) Don't worry about anything; instead, pray about everything; tell God your needs, and don't forget to thank him for his answers. If you do this, you will experience God's peace, which is far more wonderful than the human mind can understand. His peace will keep your thoughts and your hearts quiet and at rest as you trust in Christ Jesus.

4. There are **RESOURCES** for you.

2 Timothy 1:7 (NKJV) For God has not given us a spirit of fear, but of power and of love and of a sound mind.

● Power.

● Love.

● Sound Mind.