



#1 "Adjusting Your Perspective" Psalm 23:1

Psalm 23:1 (NIV) The Lord is my shepherd, I lack nothing.

Psalm 23:1 (NLT) The Lord is my shepherd; I have everything I need.

Three ways to change your perspective.

1. **GO to God.**

Psalm 18:6 (NLT) But in my distress I cried out to the Lord; yes, I prayed to my God for help ...

Psalm 36:9 (Msg) You're a fountain of cascading light, and you open our eyes to light.

Why are we so reluctant to go to God?

- Ignorance of God's availability and care.
- Too proud and stubborn to admit our weaknesses and need for help.
- Inexperienced in prayer.
- Expecting other people or things to solve our problems.

2. **Give up CONTROL.**

God is:

- Wiser than we are.
- Not intimidated by the things that intimidate us.

- Stronger than we are.
- Perfect love.
- Capable of controlling what is humanly uncontrollable.

How do we give up control to the Lord?

- Humble ourselves.
- Put our commitment in words.
- Loosen the grip on our life.
- Willingly follow all the instructions of the Lord, our Shepherd.

3. Get ready to RECEIVE.

Psalm 23:1 (NIV) The Lord is my shepherd, I lack nothing.

Psalm 23:1 (NLT) The Lord is my shepherd; I have everything I need.

How do we get ready to receive?

- Replace grumbling with gratitude.
- Replace despair with hope.
- Replace fear with faith.

Romans 8:26-28 (NLT) And the Holy Spirit helps us in our weakness. For example, we don't know what God wants us to pray for. But the Holy Spirit prays for us with groanings that cannot be expressed in words. ²⁷ And the Father who knows all hearts knows what the Spirit is saying, for the Spirit pleads for us believers in harmony with God's own will. ²⁸ And we know that God causes everything to work together for the good of those who love God and are called according to his purpose for them.