PEACE IN / PEACE OUT

#5 "Fighting Fear"
Psalm 23:4

Psalm 23:4 (NIV) Even though I walk through the darkest valley, I will fear no evil, for you are with me; your rod and your staff, they comfort me.

Psalm 23:4 (ESV) Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me.

1. **Valleys are _____ places of _____.**

   Psalm 23:4 (NIV) Even though I walk through the darkest valley...

2. **Valleys are _____, _____ places.**

   Psalm 23:4 (NIV) Even though I walk through the darkest valley, I will fear no evil...

   Psalm 23:4 (ESV) Even though I walk through the valley of the shadow of death, I will fear no evil...

   Joshua 14:7-8 (NLT) ...Moses... sent me... to explore the land of Canaan. I returned and gave... an honest report, but my brothers who went with me frightened the people from entering the Promised Land.

   1 Samuel 13:6-7 (NLT) The men of Israel saw what a tight spot they were in; and because they were hard pressed by the enemy, they tried to hide in caves, thickets, rocks, holes, and cisterns. ...Saul stayed ...and his men were trembling with fear.

   Luke 21:26 (NIV) People will faint from terror, apprehensive of what is coming on the world.

   1 John 4:18 (MSG) Fear is crippling.

3. **Valleys are valuable _____ places.**

   Psalm 23:4 (NIV) Even though I walk through the darkest valley, I will fear no evil, for you are with me; your rod and your staff, they comfort me.

In our valleys we must learn to:

- Trust God's _____.

  Hebrews 13:5-6 (NLT) ...For God has said, "I will never fail you. I will never abandon you." So we can say with confidence, "The Lord is my helper, so I will have no fear. What can mere people do to me?"

- Trust God's _____.

  Psalm 119:50 (NLT) Your promise revives me; it comforts me in all my troubles.

- Trust God's _____.

  Psalm 61:3 (TEV) For you are my protector, my strong defense against my enemies.

- Trust God's _____.

- Actively _____ fear.

  Ephesians 6:16-17 (NLT) In addition to all of these, hold up the shield of faith to stop the fiery arrows of the devil. Put on salvation as your helmet, and take the sword of the Spirit, which is the word of God.

  Psalm 32:7 (TEV) You are my hiding place; you will save me from trouble. I sing aloud of your salvation, because you protect me.