

The Way Back to Better

#2 "R = REPENT"

1. **Repentance:** Is an _____, _____, and _____ that leads to _____.

John 8:32 (NLT) And you will know the truth, and the truth will set you free.

2. **Repentance:** _____ your life _____.

1 Corinthians 1:10 (NIV) I appeal to you, brothers and sisters, in the name of our Lord Jesus Christ, that all of you agree with one another in what you say and that there be no divisions among you, but that you be perfectly united in mind and thought.

Mark 3:25 (NIV) If a house is divided against itself, that house cannot stand.

Psalm 133:1-3 (TPT) How truly wonderful and delightful to see brothers and sisters living together in sweet unity! It's as precious as the sacred scented oil flowing from the head of the high priest Aaron, dripping down upon his beard and running all the way down to the hem of his priestly robes. This heavenly harmony can be compared to the dew dripping down from the skies upon Mount Hermon, refreshing the mountain slopes of Israel. For from this realm of sweet harmony God will release his eternal blessing, the promise of life forever!

Proverbs 13:15 (NKJV) Good understanding gains favor, But the way of the unfaithful is hard.

3. **Repentance:** Is something _____ !

How do we repent?

- Stop _____ others.

Psalm 51:1-4 (NIV) Have mercy on me, O God, according to your unfailing love; according to your great compassion blot out my transgressions. Wash away all my

iniquity and cleanse me from my sin. For I know my transgressions, and my sin is always before me. Against you, you only, have I sinned and done what is evil in your sight; so you are right in your verdict and justified when you judge.

- Stop _____ others.

Matthew 7:1-5 (TPT) Refuse to be a critic full of bias toward others, and judgment will not be passed on you. For you'll be judged by the same standard that you've used to judge others. The measurement you use on them will be used on you. Why would you focus on the flaw in someone else's life and yet fail to notice the glaring flaws of your own? How could you say to your friend, "Let me show you where you're wrong," when you're guilty of even more? You're being hypercritical and a hypocrite! First acknowledge your own "blind spots" and deal with them, and then you'll be capable of dealing with the "blind spot" of your friend.

- Stop _____ sin.

Proverbs 14:12 (TPT) You can rationalize it all you want and justify the path of error you have chosen, but you'll find out in the end that you took the road to destruction.

- _____ your heart.

Isaiah 57:15 (NLT) The high and lofty one who lives in eternity, the Holy One, says this: "I live in the high and holy place with those whose spirits are contrite and humble. I restore the crushed spirit of the humble and revive the courage of those with repentant hearts."

- _____ your sins to God.

1 John 1:9 (NIV) If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.

- _____ from your sins.

Deuteronomy 30:19 (NLT) Today I have given you the choice between life and death, between blessings and curses. Now I call on heaven and earth to witness the choice you make. Oh, that you would choose life, so that you and your descendants might live!