

The Way Back to Better

#6 "V = VISUALIZE AND VERBALIZE"

1. Your _____ affects your _____
_____.

Proverbs 29:18 (KJV) Where there is no vision, the people perish: but he that keepeth the law, happy is he.

Matthew 13:16 (NIV) But blessed are your eyes because they see, and your ears because they hear.

John 12:40 (NIV) He has blinded their eyes and hardened their hearts, so they can neither see with their eyes, nor understand with their hearts, nor turn—and I would heal them.

Numbers 13:17-20 (NIV) When Moses sent them to explore Canaan, he said, "Go up through the Negev and on into the hill country. See what the land is like and whether the people who live there are strong or weak, few or many. What kind of land do they live in? Is it good or bad? What kind of towns do they live in? Are they unwalled or fortified? How is the soil? Is it fertile or poor? Are there trees in it or not? Do your best to bring back some of the fruit of the land." (It was the season for the first ripe grapes.)

Numbers 13:26-33 (NIV) They came back to Moses and Aaron and the whole Israelite community at Kadesh in the Desert of Paran. There they reported to them and to the whole assembly and showed them the fruit of the land. They gave Moses this account: "We went into the land to which you sent us, and it does flow with milk and honey! Here is its fruit. But the people who live there are powerful, and the cities are fortified and very large. We even saw descendants of Anak there. The Amalekites live in the Negev; the Hittites, Jebusites and Amorites live in the hill country; and the Canaanites live near the sea and along the Jordan." Then Caleb silenced the people before Moses and said, "We should go up and take possession of the land, for we can certainly do it." But the men who had gone up with him said, "We can't attack those people; they are stronger than we are." And they spread among the Israelites a bad report about the land they had explored. They said, "The land we explored devours those living in it. All the people we saw there are of great size. We saw the Nephilim there (the descendants of Anak come from the Nephilim). We seemed like grasshoppers in our own eyes, and we looked the same to them."

2. _____ as _____ is critical to recovery.

John 8:32 (NIV) Then you will know the truth, and the truth will set you free.

Romans 12:1-2 (NLT) And so, dear brothers and sisters, I plead with you to give your bodies to God because of all he has done for you. Let them be a living and holy sacrifice—the kind he will find acceptable. This is truly the way to worship him. Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect.

2 Kings 6:13-17 (NIV) "Go and find out where he is," the king commanded, "so I can send troops to seize him." And the report came back: "Elisha is at Dothan." So one night the king of Aram sent a great army with many chariots and horses to surround the city. When the servant of the man of God got up early the next morning and went outside, there were troops, horses, and chariots everywhere. "Oh, sir, what will we do now?" the young man cried to Elisha. "Don't be afraid!" Elisha told him. "For there are more on our side than on theirs!" Then Elisha prayed, "O LORD, open his eyes and let him see!" The LORD opened the young man's eyes, and when he looked up, he saw that the hillside around Elisha was filled with horses and chariots of fire.

What's your vision of:

- God and His Son, Jesus Christ?
- Yourself, and your place in Jesus?
- Other people?
- This world, and the world to come?

3. Your speech _____ your vision.

Matthew 12:34 (NLT) You brood of snakes! How could evil men like you speak what is good and right? For whatever is in your heart determines what you say.

Proverbs 13:3 (AMP) The one who guards his mouth [thinking before he speaks] protects his life; The one who opens his lips wide [and chatters without thinking] comes to ruin.

Proverbs 18:7 (AMP) A fool's mouth is his ruin, And his lips are the snare of his soul.