

# The Way Back to Better

## #4 "C = COMMIT"

### 1. God is \_\_\_\_\_ to \_\_\_\_\_.

God's commitment to us is seen in:

- His promises.

**Psalm 91:4 (NLT)** He will cover you with his feathers. He will shelter you with his wings. His faithful promises are your armor.

- His Son, Jesus Christ.

**John 3:16 (NLT)** For God loved the world so much that he gave his one and only Son, so that everyone who believes in him will not perish but have eternal life.

- His involvement in our lives.

**Matthew 6:25-29 (NLT)** That is why I tell you not to worry about everyday life—whether you have enough food and drink, or enough clothes to wear. Isn't life more than food, and your body more than clothing? Look at the birds. They don't plant or harvest or store food in barns, for your heavenly Father feeds them. And aren't you far more valuable to him than they are? Can all your worries add a single moment to your life? And why worry about your clothing? Look at the lilies of the field and how they grow. They don't work or make their clothing, yet Solomon in all his glory was not dressed as beautifully as they are.

### 2. God \_\_\_\_\_ us for commitment.

**Genesis 2:7-8 (NLT)** Then the LORD God formed the man from the dust of the ground. He breathed the breath of life into the man's nostrils, and the man became a living person. <sup>8</sup> Then the LORD God planted a garden in Eden in the east, and there he placed the man he had made.

**Genesis 2:15-24 (NLT)** The LORD God placed the man in the Garden of Eden to tend and watch over it. <sup>16</sup> But the LORD God warned him, "You may freely eat the fruit of every tree in the garden—<sup>17</sup> except the tree of the knowledge of good and evil. If you

eat its fruit, you are sure to die.”<sup>18</sup> Then the LORD God said, “It is not good for the man to be alone. I will make a helper who is just right for him.”<sup>19</sup> So the LORD God formed from the ground all the wild animals and all the birds of the sky. He brought them to the man to see what he would call them, and the man chose a name for each one.<sup>20</sup> He gave names to all the livestock, all the birds of the sky, and all the wild animals. But still there was no helper just right for him.<sup>21</sup> So the LORD God caused the man to fall into a deep sleep. While the man slept, the LORD God took out one of the man’s ribs and closed up the opening.<sup>22</sup> Then the LORD God made a woman from the rib, and he brought her to the man.<sup>23</sup> “At last!” the man exclaimed. “This one is bone from my bone, and flesh from my flesh! She will be called ‘woman,’ because she was taken from ‘man.’”<sup>24</sup> This explains why a man leaves his father and mother and is joined to his wife, and the two are united into one.

### 3. Making the \_\_\_\_\_ commitments is the \_\_\_\_\_ to recovery.

Right commitments:

- Position us for God’s \_\_\_\_\_.

2 Kings 5

- Root us for \_\_\_\_\_ and \_\_\_\_\_.

Psalm 92:13 (NIV) ... Planted in the house of the LORD, they will flourish in the courts of our God.

- Create a foundation for \_\_\_\_\_.

Matthew 4:19 (NIV) “Come, follow me,” Jesus said, “and I will send you out to fish for people.”

### 4. Recovery \_\_\_\_\_ commitment!

Recovery in our lives will be determined by the depth of our commitments to:

- The \_\_\_\_\_ and \_\_\_\_\_ of the Bible.
- The \_\_\_\_\_ God has placed us in.

- The \_\_\_\_\_ God puts in our lives.
- The \_\_\_\_\_ to address our personal issues.
- The \_\_\_\_\_ we show in the discipline necessary for recovery.
- The \_\_\_\_\_ we have in holding on to the promises of God.