

## **#10** "LEARN RELATIONSHIP LANGUAGE"

1. The quality of your relationships is determined by the \_\_\_\_\_ of your communication.

**Matthew 6:6-8 (NIV)** But when you pray, go into your room, close the door and pray to your Father, who is unseen. Then your Father, who sees what is done in secret, will reward you. And when you pray, do not keep on babbling like pagans, for they think they will be heard because of their many words. Do not be like them, for your Father knows what you need before you ask him.

**Philippians 4:6-7 (NIV)** Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

Psalm 5:3 (NIV) In the morning, LORD, you hear my voice; in the morning I lay my requests before you and wait expectantly.

**Philippians 4:2 (TPT)** And I plead with Euodia and Syntyche to settle their disagreement and be restored with one mind in our Lord.

1 Corinthians (NLT) I appeal to you, dear brothers and sisters, by the authority of our Lord Jesus Christ, to live in harmony with each other. Let there be no divisions in the church. Rather, be of one mind, united in thought and purpose.

2. You cannot \_\_\_\_\_ communicate.



Communication has multiple expressions:

- Words.
- Tones.
- Looks. (Facial expressions)
- Absence. (Silence)
- Posture. (Body language)
- Sounds. (Not actual words but sighs, smirks, etc.)

The filter includes:

- Assumptions.
- Past experiences.
- Personal judgment, perceptions or pain.
- Present mindset and mood.
- Environment and ambience.

3.	Th	e best communication,, and
		Corinthians 14:3 (NLT) But one who prophesies strengthens others, encourages them, and mforts them.
	wh list	hesians 4:29-30 (NIV) Do not let any unwholesome talk come out of your mouths, but only lat is helpful for building others up according to their needs, that it may benefit those who sen. And do not grieve the Holy Spirit of God, with whom you were sealed for the day of demption.
	•	hesians 4:3 (NIV) Make every effort to keep the unity of the Spirit through the bond of ace.
4.		reat communication is a, a learned, add an
	Let	's look at 8 relationship language skills:
	•	Listen well.
		Proverbs 18:13 (GW) Whoever gives an answer before he listens is stupid and shameful.
	•	Speak carefully.
		<b>James 1:19 (NIV)</b> My dear brothers and sisters, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry.
		Colossians 4:6 (TLB) Let your conversation be gracious as well as sensible, for then you will have the right answer for everyone.
	•	Seek to understand.
		<b>Proverbs 18:2 (NLT)</b> Fools have no interest in understanding; they only want to air their own opinions.
	•	Avoid mind-reading and projection.

1 Corinthians 7:16 (NIV) How do you know, wife, whether you will save your husband? Or, how do you know, husband, whether you will save your wife?

• Lower the "temperatures" of interaction.

**Proverbs 15:1 (AMP)** A soft and gentle and thoughtful answer turns away wrath, But harsh and painful and careless words stir up anger.

• Be aware of verbal tones, facial expressions, and body posture.

Mark 10:21-22 (NIV) Jesus looked at him and loved him. "One thing you lack," he said. "Go, sell everything you have and give to the poor, and you will have treasure in heaven. Then come, follow me." At this the man's face fell. He went away sad, because he had great wealth.

• Stop being contentious and opinionated.

**Titus 3:9 (TPT)** But avoid useless controversies, genealogies, pointless quarrels, and arguments over the law, which will get you nowhere.

**Proverbs 29:22 (NIV)** An angry person stirs up conflict, and a hot-tempered person commits many sins.

Be peaceful and make peace.

Romans 12:18 (NLT) Do all that you can to live in peace with everyone.

Matthew 5:9 (NIV) Blessed are the peacemakers, for they will be called children of God.

Psalm 133 (TPT) How truly wonderful and delightful it is to see brothers and sisters living together in sweet unity! It's as precious as the sacred scented oil flowing from the head of the high priest Aaron, dripping down upon his beard and running all the way down to the hem of his priestly robes. This harmony can be compared to the dew dripping from Mount Hermon, which flows down upon the hills of Zion. Indeed, that is where Yahweh has decreed his blessings will be found, the promise of life forevermore!