

RAISING RESILIENCE

RAISING RESILIENT KIDS (AND ADULTS)!

#1 Resilience: One of Life's Greatest Assets

1. Developing resilience is _____ a _____ for the road, rather than preparing the road for the person.

Proverbs 22:6 (NKJV) Train up a child in the way he should go, And when he is old he will not depart from it.

Proverbs 22:6 (TPT) Dedicate your children to God and point them in the way that they should go, and the values they've learned from you will be with them for life.

2. Resilience is an _____ job.

Ephesians 3:14-21 (NIV) For this reason I kneel before the Father, from whom every family in heaven and on earth derives its name. I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being, so that Christ may dwell in your hearts through faith. And I pray that you, being rooted and established in love, may have power, together with all the Lord's holy people, to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge—that you may be filled to the measure of all the fullness of God. Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us, to him be glory in the church and in Christ Jesus throughout all generations, for ever and ever! Amen.

Inner strength is all about:

- A personal relationship with God.
- A Bible-based worldview.
- Bible-based values.
- A genuine personal faith.
- A deep God-based security.
- A whole, healthy and wholesome mindset.

Deuteronomy 6:6-9 (NIV) These commandments that I give you today are to be on your hearts. Impress them on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up. Tie them as symbols on your hands and bind them on your foreheads. Write them on the doorframes of your houses and on your gates.

Hebrews 10:25 (NIV) Not giving up meeting together, as some are in the habit of doing, but encouraging one another—and all the more as you see the Day approaching.

1 Corinthians 15:33 (NIV) Do not be misled: “Bad company corrupts good character.”

3. Resilience is built _____.

James 1:2-4 (AMP) Consider it nothing but joy, my brothers and sisters, whenever you fall into various trials. Be assured that the testing of your faith [through experience] produces endurance [leading to spiritual maturity, and inner peace]. And let endurance have its perfect result and do a thorough work, so that you may be perfect and completely developed [in your faith], lacking in nothing.

4. Resilience is a great _____.