RAISING RESILIENT

KIDS (AND ADULTS)!

#5 Grow Grit - Part I

1.	on the true of strength.
	Psalm 28:7 (NIV) The LORD is my strength and my shield; my heart trusts in him, and he helps me. My heart leaps for joy, and with my song I praise him.
	Ephesians 6:10 (NIV) Finally, be strong in the Lord and in his mighty power.
	2 Corinthians 1:8-9 (NIV) We do not want you to be uninformed, brothers and sisters, about the troubles we experienced in the province of Asia. We were under great pressure far beyond our ability to endure, so that we despaired of life itself. Indeed, we felt we had received the sentence of death. But this happened that we might not rely on ourselves but on God, who raises the dead.
	Depending on God involves practical actions:
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2.	See as God

2 Kings 6:15-17 (NIV) When the servant of the man of God got up and went out early the next morning, an army with horses and chariots had surrounded the city. "Oh no, my lord! What shall we do?" the servant asked. "Don't be afraid," the prophet answered. "Those who are with us are more than those who are with them." And Elisha prayed, "Open his eyes, LORD, so that he may see." Then the LORD opened the servant's eyes, and he looked and saw the hills full of horses and chariots of fire all around Elisha.

Romans 8:37-39 (NIV) No, in all these things we are more than conquerors through him who loved us. For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord.

Revelation 22:13 (NIV) I am the Alpha and the Omega, the First and the Last, the Beginning and the End.

- How does God see you?
- How do you see God?
- In light of how God sees you, how do you see yourself?
- In light of how God sees you, how do you view your obstacles, challenges, and difficulties?

3. _____ obstacles, challenges, difficulties, and changes.

James 1:2-4 (NIV) Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds, because you know that the testing of your faith produces perseverance. Let perseverance finish its work so that you may be mature and complete, not lacking anything.

Romans 5:3-5 (NIV) Not only so, but we also glory in our sufferings, because we know that suffering produces perseverance; perseverance, character; and character, hope. And hope does not put us to shame, because God's love has been poured out into our hearts through the Holy Spirit, who has been given to us.

1 Peter 1:6-7 (NIV) In all this you greatly rejoice, though now for a little while you may have had to suffer grief in all kinds of trials. These have come so that the proven genuineness of your faith—of greater worth than gold, which perishes even though refined by fire—may result in praise, glory and honor when Jesus Christ is revealed.

2 Kings 4:1-4 (NIV) The wife of a man from the company of the prophets cried out to Elisha, "Your servant my husband is dead, and you know that he revered the LORD. But now his creditor is coming to take my two boys as his slaves." Elisha replied to her, "How can I help you? Tell me, what do you have in your house?" "Your servant has nothing there at all," she said, "except a small jar of olive oil." Elisha said, "Go around and ask all your neighbors for empty jars. Don't ask for just a few. Then go inside and shut the door behind you and your sons. Pour oil into all the jars, and as each is filled, put it to one side."