



WAYMAKER

#1 "Grounded By Ingratitude"

1. Recognize the _____ of ingratitude.

Ingratitude is:

- A failure to consider and express appreciation for the good in one's life. We can be passively ungrateful.
- An active expression of frustration, discontentment, disapproval, unappreciation, or contempt for one's lot in life. This is usually demonstrated through grumbling, griping, negativity, complaining in thoughts, words, or other expressions.

Luke 17:11-19 (NIV) Now on his way to Jerusalem, Jesus traveled along the border between Samaria and Galilee. As he was going into a village, ten men who had leprosy met him. They stood at a distance and called out in a loud voice, "Jesus, Master, have pity on us!" When he saw them, he said, "Go, show yourselves to the priests." And as they went, they were cleansed. One of them, when he saw he was healed, came back, praising God in a loud voice. He threw himself at Jesus' feet and thanked him—and he was a Samaritan. Jesus asked, "Were not all ten cleansed? Where are the other nine? Has no one returned to give praise to God except this foreigner?" Then he said to him, "Rise and go; your faith has made you well."

Numbers 14:1-3 (NIV) That night all the members of the community raised their voices and wept aloud. All the Israelites grumbled against Moses and Aaron, and the whole assembly said to them, "If only we had died in Egypt! Or in this wilderness! Why is the LORD bringing us to this land only to let us fall by the sword? Our wives and children will be taken as plunder. Wouldn't it be better for us to go back to Egypt?"

Numbers 14:23 (NIV) Not one of them will ever see the land I promised on oath to their ancestors. No one who has treated me with contempt will ever see it.

1 Corinthians 10:10 (NIV) And do not grumble, as some of them did—and were killed by the destroying angel.

Philippians 2:14-15 (NIV) Do everything without grumbling or arguing, so that you may become blameless and pure, "children of God without fault in a warped and crooked generation." Then you will shine among them like stars in the sky.

2. Change the direction of your life with _____.

Joshua 6:1-5 (NIV) Now the gates of Jericho were securely barred because of the Israelites. No one went out and no one came in. Then the LORD said to Joshua, "See, I have delivered Jericho into your hands, along with its king and its fighting men. March around the city once with all the armed men. Do this for six days. Have seven priests carry trumpets of rams' horns in front of the ark. On the seventh day, march around the city seven times, with the priests blowing the trumpets. When you hear them sound a long blast on the trumpets, have the whole army give a loud shout; then the wall of the city will collapse and the army will go up, everyone straight in."

2 Chronicles 20:22 (NIV) As they began to sing and praise, the LORD set ambushes against the men of Ammon and Moab and Mount Seir who were invading Judah, and they were defeated.

Acts 16:25-26 (NIV) About midnight Paul and Silas were praying and singing hymns to God, and the other prisoners were listening to them. Suddenly there was such a violent earthquake that the foundations of the prison were shaken. At once all the prison doors flew open, and everyone's chains came loose.

Acts 16:30-31 (NIV) He then brought them out and asked, "Sirs, what must I do to be saved?" They replied, "Believe in the Lord Jesus, and you will be saved—you and your household."

3. _____ and _____ your gratitude daily.

- Take charge of your mind and mouth.
- View circumstances through the lens of God's love, grace, and power.
- Begin and end your prayers with thanks and praise to God.
- Schedule "thanksgiving breaks" in your day.
- Create a running list of your blessings—things you're genuinely grateful for, from God and others.
- Develop a reputation as a generous praiser—don't hold back expressions of gratitude and praise to God and others.
- Regularly, read, recite, and sing psalms and songs of thanksgiving and praise.
- Radically reduce the presence of negative voices in your life.

Psalms 34:1 (NLT) I will praise the LORD at all times. I will constantly speak his praises.