



# WAYMAKER

## #3 "Bound By Bad Beliefs"

Exodus 14:5-9 (NIV) When the king of Egypt was told that the people had fled, Pharaoh and his officials changed their minds about them and said, "What have we done? We have let the Israelites go and have lost their services!" So he had his chariot made ready and took his army with him. He took six hundred of the best chariots, along with all the other chariots of Egypt, with officers over all of them. The LORD hardened the heart of Pharaoh king of Egypt, so that he pursued the Israelites, who were marching out boldly. The Egyptians—all Pharaoh's horses and chariots, horsemen and troops—pursued the Israelites and overtook them as they camped by the sea near Pi Hahiroth, opposite Baal Zephon.

Exodus 14:10 (NIV) As Pharaoh approached, the Israelites looked up, and there were the Egyptians, marching after them. They were terrified and cried out to the LORD.

Exodus 14:13-16 (NIV) Moses answered the people, "Do not be afraid. Stand firm and you will see the deliverance the LORD will bring you today. The Egyptians you see today you will never see again. The LORD will fight for you; you need only to be still." Then the LORD said to Moses, "Why are you crying out to me? Tell the Israelites to move on. Raise your staff and stretch out your hand over the sea to divide the water so that the Israelites can go through the sea on dry ground.

Deuteronomy 6:23 (NIV) But he brought us out from there to bring us in and give us the land he promised on oath to our ancestors.

Numbers 13:17-20 (NIV) When Moses sent them to explore Canaan, he said, "Go up through the Negev and on into the hill country. See what the land is like and whether the people who live there are strong or weak, few or many. What kind of land do they live in? Is it good or bad? What kind of towns do they live in? Are they unwalled or fortified? How is the soil? Is it fertile or poor? Are there trees in it or not? Do your best to bring back some of the fruit of the land." (It was the season for the first ripe grapes.)

Numbers 13:26-33 (NIV) They came back to Moses and Aaron and the whole Israelite community at Kadesh in the Desert of Paran. There they reported to them and to the whole assembly and showed them the fruit of the land. They gave Moses this account: "We went into the land to which you sent us, and it does flow with milk and honey! Here is its fruit. But the people who live there are powerful, and the cities are fortified and very large. We even saw descendants of Anak there. The Amalekites live in the Negev; the Hittites, Jebusites and Amorites live in the hill country; and the Canaanites live near the sea and along the Jordan." Then Caleb silenced the people before Moses and said, "We should go up and take

possession of the land, for we can certainly do it." But the men who had gone up with him said, "We can't attack those people; they are stronger than we are." And they spread among the Israelites a bad report about the land they had explored. They said, "The land we explored devours those living in it. All the people we saw there are of great size. We saw the Nephilim there (the descendants of Anak come from the Nephilim). We seemed like grasshoppers in our own eyes, and we looked the same to them."

Numbers 14:36 (NIV) So the men Moses had sent to explore the land, who returned and made the whole community grumble against him by spreading a bad report about it.

**1. Your \_\_\_\_\_ are a \_\_\_\_\_ part of your mind.**

Proverbs 4:23 (ERV) Above all, be careful what you think because your thoughts control your life.

**2. Your beliefs determine your \_\_\_\_\_, \_\_\_\_\_, and \_\_\_\_\_.**

Matthew 25:24-25 (ERV) Then the servant who got one bag of money came to the master. The servant said, "Master, I knew you were a very hard man. You harvest what you did not plant. You gather crops where you did not put any seed. So I was afraid. I went and hid your money in the ground. Here is the one bag of money you gave me."

**3. Jesus wants to \_\_\_\_\_ you from bad beliefs.**

Action steps you can take to find your way out of bad beliefs:

- Settle your basic beliefs.
- Continually flood your mind with wholesome and healthy thoughts.
- Inspect the underlying thoughts and beliefs creating negative feelings.
- Challenge your thoughts and emotions.
- Stay with the process.

Philippians 4:8 (AMP) Finally, believers, whatever is true, whatever is honorable and worthy of respect, whatever is right and confirmed by God's word, whatever is pure and wholesome, whatever is lovely and brings peace, whatever is admirable and of good repute; if there is any excellence, if there is anything worthy of praise, think continually on these things [center your mind on them, and implant them in your heart]. The things which you have learned and received and heard and seen in me, practice these things [in daily life], and the God [who is the source] of peace and well-being will be with you.