

## #10 "Frozen In Fear" - Part 2

Luke 12:22-32 (NIV) Then Jesus said to his disciples: "Therefore I tell you, do not worry about your life, what you will eat; or about your body, what you will wear. For life is more than food, and the body more than clothes. Consider the ravens: They do not sow or reap, they have no storeroom or barn; yet God feeds them. And how much more valuable you are than birds! Who of you by worrying can add a single hour to your life? Since you cannot do this very little thing, why do you worry about the rest? Consider how the wild flowers grow. They do not labor or spin. Yet I tell you, not even Solomon in all his splendor was dressed like one of these. If that is how God clothes the grass of the field, which is here today, and tomorrow is thrown into the fire, how much more will he clothe you—you of little faith! And do not set your heart on what you will eat or drink; do not worry about it. For the pagan world runs after all such things, and your Father knows that you need them. But seek his kingdom, and these things will be given to you as well. Do not be afraid, little flock, for your Father has been pleased to give you the kingdom."

1.	Practice
	James 2:14 (NIV) What good is it, my brothers and sisters, if someone claims to have faith but has no deeds? Can such faith save them?
	Trusting God is seen in 3 practical ways:
	Matthow 6:33 (NIV) But sook first his kingdom and his right-ourspass, and all those

Matthew 6:33 (NIV) But seek first his kingdom and his righteousness, and all these things will be given to you as well.

Galatians 2:20 (NIV) I have been crucified with Christ and I no longer live, but Christ lives in me. The life I now live in the body, I live by faith in the Son of God, who loved me and gave himself for me.

Matthew 16:25-26 (NLT) If you try to hang on to your life, you will lose it. But if you give up your life for my sake, you will save it. And what do you benefit if you gain the whole world but lose your own soul? Is anything worth more than your soul?

Philippians 3:7 (TLB) But all these things that I once thought very worthwhile—now I've thrown them all away so that I can put my trust and hope in Christ alone.

Psalm 56:3 (NIV) When I am afraid, I put my trust in you.

2 Timothy 1:12 (ERV) And I suffer now because of that work. But I am not ashamed, because I know the one I have put my trust in. And I am sure that he is able to protect what I have put into his care until that Day.

Proverbs 11:24 (NIV) One person gives freely, yet gains even more; another withholds unduly, but comes to poverty.

Matthew 5:43-44 (NIV) You have heard that it was said, "Love your neighbor and hate your enemy." But I tell you, love your enemies and pray for those who persecute you.

Matthew 5:46-48 (ERV) If you love only those who love you, why should you get a reward for that? Even the tax collectors do that. And if you are nice only to your friends, you are no better than anyone else. Even the people who don't know God are nice to their friends. What I am saying is that you must be perfect, just as your Father in heaven is perfect.

Proverbs 11:25 (NIV) A generous person will prosper; whoever refreshes others will be refreshed.

## 2. Learn to \_\_\_\_\_\_.

Philippians 4:4 (NIV) Rejoice in the Lord always. I will say it again: Rejoice!

John 14:27 (NIV) Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.

John 16:33 (NIV) I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world.

John 20:19-20 (NIV) On the evening of that first day of the week, when the disciples were together, with the doors locked for fear of the Jewish leaders, Jesus came and stood among them and said, "Peace be with you!" After he said this, he showed them his hands and side. The disciples were overjoyed when they saw the Lord.

Philippians 4:6-7 (GW) Never worry about anything. But in every situation let God know what you need in prayers and requests while giving thanks. Then God's peace, which goes

beyond anything we can imagine, will guard your thoughts and emotions through Christ Jesus.

Matthew 11:28-30 (NIV) Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.