



rest assured.

1. REVIEW THE SERMON

Read 1 John 1:8, 10. What are some of the “lies” we believe about our sin? How does minimizing our sin call God a liar?

Psalm 51:3-4. Our sin is always first and foremost against God. How does seeing our sin as God sees it enable us to confess our sin to God and to others?

Read 1 John 1:9. How does God’s faithfulness in spite of our sin encourage us to confess our sins?

What are the components of a healthy confession? Why is it important to be specific rather than general in our confession of sin?

2. ASSESS YOUR HEART

What “hurdles” keep you from confessing the sin in your life?

3. APPLY THE TRUTH

Walking in the light means confessing our sin specifically and frequently. In what area of life do you have sin that needs to be confessed and brought into the light?

My Group Commitments

Message Notes

Walking in the Light 1 John 1:8-10

Because God is light, God's people walk in the light and bring their sin into the light.

1. Debunk the lie that I don't need to confess.
2. Define what healthy confession is.
3. Destroy the hurdles that keep me from confessing.
4. Determine to trust the character and promises of God when I confess sin.