

EQUIPPING DISCUSSION GUIDE

What does it look like to **worship** Christ?



WORSHIP

Worship is the response of **praise** and **adoration** to God because of who God is.

1. BEFORE YOU BEGIN

 Play the **Worship Equipping Video** available at redeemerresources.church/worship

2. REVIEW + UNDERSTAND

Why does God desire that we are intentional about making disciples? How much time and energy do you spend maturing as a disciple and making disciples?

Read Psalm 96:7-9. If worship is the response of praise and adoration to God because of who God is (or as this passage says, “to ascribe to the Lord the glory due his name”), we must start at the beginning. Who is God? Choose one of the qualities from the Attributes of God resource. Spend a few minutes describing and discussing it.

What does it look like to respond to God with praise and adoration on a regular basis? Why is solely attending the weekend gathering insufficient for a life rhythm of worship?

3. ASSESS + APPLY

While the weekend gathering should not be the only way we worship each week, it is an important one that we participate in. How do you normally prepare your heart for the weekend gathering? What would strengthen your preparation?

As part of a life of praise, there are musical and non-musical rhythms. Consider the songs you listen to regularly. If you only knew about God through the worship songs you listen to, what would you know about God? Do these songs move you inward (considering yourself more highly) or upward (considering God more highly?)

What non-musical rhythms would you like to try in the next few weeks?

Make a specific commitment to growing in one of these practices over the next five weeks. Which will you choose?

1. I am actively participating in the Sunday morning worship gatherings.
2. I am intentionally creating consistent rhythms of praise to God.
3. I am seeking awareness of idols in my life and accountability to destroy them.

PRAYERS & APPLICATIONS

5 DAY READING PLAN

Each day answer the questions: What does it **say**? What does it **mean**? How should I **respond**?

DAY 1 John 4:7-26	DAY 2 Psalm 96:7-9	DAY 3 Rom. 12:1-2	DAY 4 Heb. 13:15-16	DAY 5 2 Sam. 24:18-25
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EXTRA RESOURCES

We created the website redeemerresources.church to host resources that will help us live the 4W life. Check there each week for helpful videos, articles, and more. Below is a list of the **new resources** available this week!

- The 4W Life - Worship Equipping Video (*Video*)
- Attributes of God (*Printable PDF*)
- Idol Revealing Questions (*Printable PDF*)
- Guide to Taking Communion (*Printable PDF*)
- Worship in Discipleship Group (*Printable PDF*)
- Youtube Redeemer Worship Set playlist (*YouTube Playlist*)