# Love Is…Not Resentful

WEEK OF June 10, 2018

I Corinthians 13:4-7

## *CONNECT*

1. **What impacted you the most from Rob Rienow's message on Sunday?**

2. **What is one thing people do that really pushes your "button"? When that is pushed, are you more likely to act out in your anger, or sit on it and stew? Give an example.**

## *GROW*

3. **Read Matthew 5:21-25. Jesus is teaching from an Old Testament passage. How would His teaching get His audience's attention and how does it grab our attention today?**

4. How did Jesus interpret the commandment not to commit murder? How is this different from the way many in Jesus' day and ours interpret the same commandment?

5. Do you think most people take anger as seriously as Jesus did? Why or why not?

6. What does resentment do to our relationship with those we are angry with? What does it do to our relationship with God?

7. What is the relationship between resentment or anger toward others and your worship of God? Why do you think Jesus teaches that relational reconciliation is necessary for authentic worship?

8. What is the difference between constructive anger and destructive anger? Give examples of both that you have seen personally.

9. Read James 1:19-20. What does it mean to be quick to listen and slow to anger? What are some things we can do to become better listeners? What protection can we set up in order to become slow to becoming resentful?

10. How can embracing forgiveness and restraining our anger lead to righteous living? How does this model reflect Jesus to others?

11. How do anger and resentfulness keep us from living the abundant life available to us in Christ? Explain about something that you resented from your past, but after time, you became better from the experience and not bitter.

# *GO*

12. Are there any people with whom you are angry and need to seek reconciliation? If so, what steps do you need to take?

13. Are there any areas in which you are giving the Devil a foothold in your life when it comes to being resentful? What could you do to prevent this from happening?