



Life Group Guide

Sunday, February 23, 2020

Unshakable Truth

"Be Filled with the Holy Spirit"

COMMUNITY

Growing Up What is one thing that you are thankful for in how you were raised?

Favorite Star Who is your favorite TV or movie star? Why?

MULTIPLYING DISCIPLES

Message Discussion Questions

You don't need to answer all of these questions—pick & choose questions best for your group.

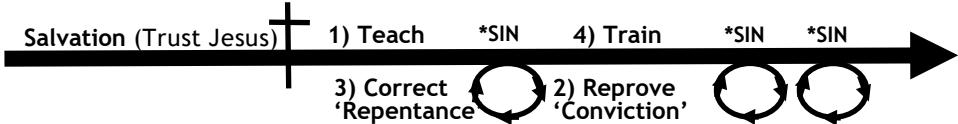
Study Guide: Session 9, part 1; (Book: chapters 36-37) for additional information & questions

1. What idea from Seth's message was most helpful for you? How has it helped?
2. Read Ephesians 5:15-21. What is Paul commanding us to BE? To DO?
What does it mean to 'Keep on being filled (controlled) with/by the Holy Spirit'?
3. What does it mean to walk in the Spirit (Gal. 5:16-25; Eph. 4:20-24)?
How do you know when you are walking in the Spirit or not? Examples?
4. What does it mean to NOT grieve (Eph. 4:30) the Spirit? Examples?
What does it mean to NOT quench (1 Thess. 5:19) the Spirit? Examples?
5. Go to: <https://www.cru.org/us/en/train-and-grow/spiritual-growth/the-spirit-filled-life.html>
*What are the Three Types of People? What is the Promise & the Problem?
What is God's Solution? What is 'walking' in the Spirit?*

Practice Spiritual Breathing: (exhale impure & inhale pure) is an exercise in faith that enables you to continue to experience God's love and forgiveness.

1. **Exhale** - confess your sin - agree with God concerning your sin and thank Him for His forgiveness of it (1 John 1:9, Hebrews 10:1-25). Confession involves repentance - a change in attitude and action.
2. **Inhale** - surrender the control of your life to Christ, and appropriate (receive) the fullness of the Holy Spirit by faith. Trust that He now directs and empowers you; according to the command of Ephesians 5:18, and the promise of 1 John 5:14-15.

Path to make real, lasting, transformative change in my life: Read 2 Tim. 3:16-17



Accountability & Prayer Break into smaller groups (men & women)

Discuss an area of life accountability. Share one prayer request. Pray for each other.

MISSIONAL LIVING: Serving & Sharing

SERVING: Who are you personally and/or as a Life Group serving in Jesus' name?

SHARING: Who are you praying for an opportunity to share Jesus' Gospel? Report?

ROCKPOINT MISSIONARY: Pray for your Rockpoint Life Group missionary.