

LIFE GROUP DISCUSSION GUIDE

CRAFTED: 1 Corinthians 7:1-5

#12 Sexual Intimacy: God's Good Gift in Marriage

TRUTHS TO DISCOVER - Read 1 Corinthians 7:1-5

- *How does Paul clarify/correct a misunderstanding they had? (vs. 1-2)
- *What principle does Paul give them about sexual intimacy? (vs. 3-4)
- *What strategy does Paul give for husbands and wives to experience mutually satisfying sexual intimacy? (vs. 5)

TRUTHS TO DISCUSS

A. Biblical Marriage Defined

- *Which statement about marriage is most important to you? Why?

B. Healthy Marriages (there are others)

- ***"Naked & not ashamed"**: What do you think this means? Example?
- *Live out the Triangle Principle: Why is this so important?
- *Take out the garbage regularly: Is it easy to admit you're wrong? Why?
- *Experience God-honoring sexual intimacy: Why is this important?

C. PRINCIPLES concerning sexual intimacy

1. **Avoid extremes:** Which extreme are you prone towards? Why?
2. **Mutual Giving & Receiving:** Why is this so important?
3. **Strategy & Warning:** Vs. 5: What's the strategy? What's the warning?
Do you think these statements are helpful? Why/Why not?

Important: Read Proverbs 5:15-19 & Song of Solomon 2:1-5:1

What are these passages encouraging about sexual intimacy?

D. PRACTICES to implement for mutually satisfying sexual intimacy

1. **Talk about it:** Which of the 3 suggestions would be helpful for you? Why?
2. **Confirm boundaries:** Which boundary do you need to 'firm up'? How?
3. **Schedule it:** Does this seem reasonable? Why/Why not?
4. **Acknowledge differences:** What are some of your differences? Discuss!

Live the Gospel: How do you need the Gospel in your sexual intimacy?

Next Steps: Read Up—What book will you read? **Sign Up**—Marriage mentoring?